

# The Carbon Chronicle

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VOLUME 36: No. 1

ACME, ALBERTA, THURSDAY

JANUARY 31st, 1957

\$1.50 a Year; 5c a Copy



Mrs. Gottlieb Ohlhauser had her 72nd birthday on Thursday of this week. Several ladies called on her for tea, and surprised her with a lovely gift.

When the Polio Canvasser calls, please be generous, as your dollar will go a long way to help in this great work.

Billy Bramley and Barbara King both underwent tonsil operations this week.

Hospital patients this week are Alf Hoivik, Mrs. Ed Foster in Calgary hospital, W. Schacher, Harry Hunt, Mrs. Charles Smith in Drumheller hospital and Mrs. Archie Metzger in the Three Hills hospital.

Mr. and Mrs. James Cooper of Banff were Carbon visitors this week.

**BULL FOR SALE**—One Poll Hereford Bull.

—Lindsay Hay, Box 261 Carbon

**FOR SALE** 2 Milch Cows one Hereford and Jersey, one Holstein.

—Apply Les Bramley, Carbon

**BLUNTS PRIVATE NURSING HOME**—Efficient nursing care for young and aged—Spotlessly clean—Inspection invited. Registered nurse in charge. Phone 694128 — 1120-6 Ave. S.W., Calgary. Matron formerly Mary Lammle, R.N. of Swallow.

## THE CARBON CHRONICLE

Mrs. Harry Hunt, Editor  
George Wheeler, Publisher  
Published every Thursday  
at Acme, Alberta

Authorized as Second Class Mail  
by the Postal Department  
at Ottawa

MEMBER OF THE C.W.N.A.

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## FOSTER—SCHELL

The engagement was announced Sunday of Miss Myrna Schell, second daughter of Mr. and Mrs. Gottlieb Schell and James Foster, only son of Mr. and Mrs. Ed Foster, all of Carbon.

## 4-H NEWS

A meeting of the Carbon 4-H was held on Jan. 28 at 7:30 in the school. The meeting was opened with the singing of O Canada and the repeating of the 4-H pledge.

The minutes of the last meeting were read and adopted as read by the president.

The 4-H Bonspiel will be held on Sat., Feb. 9 in Carbon. We then broke up into our separate groups. Three films were shown by the Dairy Club, two of them about dairying and the other was about the control of Mastitis.

Stan Pettem then said a few words and gave out the trophies which had been engraved.

The meeting was then adjourned and recreation was by the Beef Club.

Roland Harsch, Club Reporter.

## CARBON F.U.A. LOCAL

A meeting was held in the Legion Hall Wed., Jan. 30 at 2 p.m. with a fair attendance.

The regular business was dealt with in the usual way and Mr. Isaac gave a report on the Annual Convention in Edmonton which was well received. One must be at these meetings to hear these reports and hear the correspondence that the Secretary reads out to know what the Union is trying to do for the farmers.

Last fall you will remember there was a meeting on Nov. 12, 1956 to see if anything could be done to get more box cars as the elevators had orders for grain if they could get cars dat-

ing back to July.

This meeting was well advertised in advance and was open to farmers and business men and anyone interested in the welfare of the farmers. However, it was very poorly supported but nevertheless the ones who attended drew up a resolution and it was carried and copies of it were sent to the Canadian Wheat Board, the Hon. C. D. Howe, our M.P., C. E. Johnston, the C.P.R. Transport Controller and Hon. Gordon Taylor, which in turn was sent to Solon Low and Mr. Johnson. You will see how much work there is involved in a matter such as this for the heads of your local. By the answers they got from the above names and read out at the meeting we are sure they accomplished something of benefit to all farmers in the district, including members and non-members as the situation cleared up shortly after this meeting and all back orders for box cars were caught up and we have a fair quota for this time of the year. If a small group of members can help a situation such as this, what could all the farmers do if they were members and well organized.

The election of new officers took place as follows:

**President**.....John Gordon  
**Vice-President**.....Martin Hecktor  
**Sec.-Treasurer** (Gilbert) Berdahl  
**Directors**—J. Peterson, A. Sigmond, R. Garrett, R. Steward, M. J. Garrett, C. Martin, R. Snell.

Please give the above officers your whole-hearted support in the ensuing year by joining and paying up your membership and attending the meetings reg-

ularly and discussing your problems with others at a meeting. We need to be organized in this day and age as you can see what other organized groups are doing.

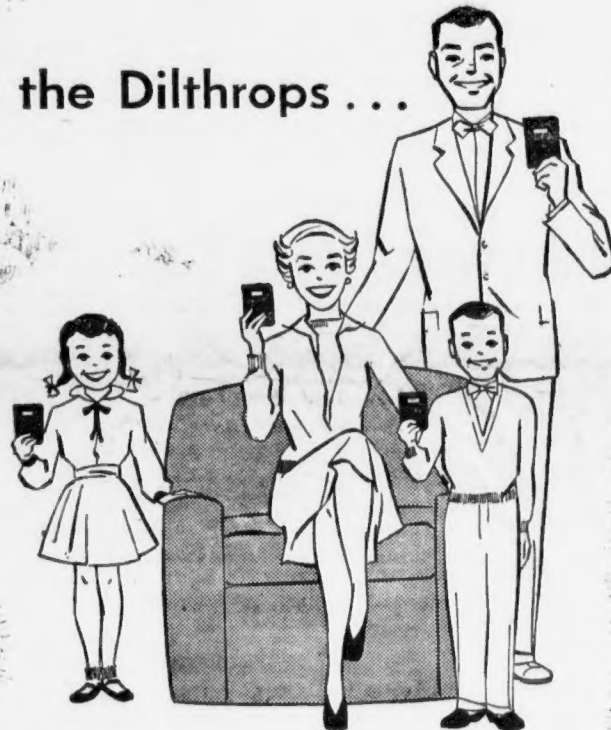
Freight rates going up—gasoline, bread, sugar, machinery, cars and hundreds of other things which we have to buy. There seems to be no limit as to how high things can go.

Have farm prices kept in line with the things you have to buy, and why?

The next regular meeting is to be held Monday, March 11 at 2 p.m. either in the curling rink or Legion hall. Watch for notices. Please attend if at all possible.

More Carbon news will be found on page three of this 12 page issue.

## Meet the Diltrops ...



## UP-TO-DATE FAMILY...

with a Good Old-Fashioned Recipe!

The Diltrops are a modern-day family who have rediscovered a recipe for better living. It's not a new recipe by any means—it has been tried and tested for years. Here are the ingredients:

- a B of M Savings Account
  - a Definite Goal to Save for
  - a Dash of Determination
- There's nothing more — just add deposits regularly.

Mom and Dad can point to the results... that suit she's wearing... that easy chair... the sense of thrift and self-reliance in Jimmy and Carol gained by operating their own accounts at the B of M. There's fun, they say, in saving together and in sharing the thrills of realizing their savings goals.

Why don't you open accounts for members of your family today? You'll find a warm welcome awaits you at the B of M.



The Diltrop's Passport  
to Better Living

## BANK OF MONTREAL

Canada's First Bank

Carbon Branch: CLIFF HOOD, Manager



WORKING WITH CANADIANS IN EVERY WALK OF LIFE SINCE 1817

## THREE HILLS SCHOOL DIVISION No. 60 notice of

# Annual Meetings

## FOR ALL SUBDIVISIONS

TAKE NOTICE THAT ANNUAL MEETINGS OF ELECTORS OF ALL SUBDIVISIONS OF THIS SCHOOL DIVISION WILL BE HELD AS INDICATED BELOW:

Sub-Div. No.	Place	Date	Time
1	ACME LODGE ROOM	WED., FEB. 6, 1957	2 pm.
2	CARBON School Gymnasium	FEB. 7, 1956	2 pm.
3	THREE HILLS Community Centre	FEB. 4, 1957	2 pm.
4	HUXLEY LEGION HALL	TUES., FEB. 5, 1957	2 pm.
5	TORRINGTON School Auditorium	FEB. 8, 1957	2 pm.

A. W. POLAND, SECRETARY-TREASURER of the  
THREE HILLS SCHOOL DIVISION No. 60  
TROCHU, ALBERTA



## EDITORIALS

from other weekly papers

(These are not necessarily the views of the editor of this paper)

## Doctor is honored

(The Sun, Swift Current, Saskatchewan—October 11, 1956)

The College of Physicians and Surgeons at the annual meeting of the Saskatchewan Medical Association in Saskatchewan Medical Association in Saskatoon honored Dr. O. M. Irwin of Swift Current with a senior life membership. The veteran local medico is Swift Current's longest practising active doctor, and the recognition is deserved. There are not too many of the old "country doctors" around and active yet, but they will be a breed remembered by the older generation especially those who broke ground on these prairies in the earlier days. These men who had to minister to folks in old homestead shacks and on farmsteads, far removed from the fine gravel or paved highways of today, often, most often, answering calls by buckboard and team in everything from hurricanes to mighty blizzards.

Dr. Irwin came here as a young man from his practice in Neville and from the outset fitted into the pattern of our prairie town, as did others in his era and before, names to be remembered like McArthur, Hoppin, Graham, Kelly, Burroughs and Swift Current's No. 1, Dr. W. H. Field himself.

But it hasn't been only in the field of medicine that country doctors like Dr. Irwin have contributed to their fellow men, for most of them have given so much in the field of public and community service. Dr. Irwin, besides his many other public services, has been alderman, mayor, member of the public school and collegiate boards and goodness knows what not. These "country doctors" have been an integral and vital force in the communities of Western Canada, and when Dr. Irwin of Swift Current was honored it was, besides the medical service implications a tribute to so many of these men who served an earlier era of pioneer people.

★ ★ ★

## Is child psychology a fad?

(The Clarion, Kindersley, Saskatchewan—October 25, 1956)

Child psychology is not a fad, says the October Canadian Home Journal. Nor is it a collection of lurid stories of problem children without discipline. On the other hand, it's not a set of techniques to get children to obey, or rules on how to bring up children. It's not even a scheme to blame parents for their mistakes, or a way of worrying them about parental responsibilities.

With these words, Dr. Karl S. Bernhardt, professor of psychology at the University of Toronto and assistant director of the University's Institute of Child Study, destroys most of the myths currently circulating about the usefulness of this science.

If you're bringing your children up "by the book" you are not necessarily a good parent—there is no ready-made set of answers to all the problems of child guidance, says Dr. Bernhardt. Nor is common sense alone sufficient. It takes more than common sense to be a good cook and the job of raising children is much more complicated and exacting than cooking.

What is child psychology? It is, says Dr. Bernhardt, the finding out of what goes into the making of a happy mature, well adjusted child. It assumes that children are neither good nor bad by nature, but are capable of becoming either, depending on what happens to them. It doesn't let us blame things on "nature" or "heredity," but makes us look for the reason in the child's experience. It is showing us that the foundations of mental health are laid in childhood; that childhood experiences determine the shape of a personality.

Dr. Bernhardt explains why you should remember the following golden rules: Enjoy your child. Remember he reflects your feelings. Give him time to grow up. Let him learn by his mistakes. Take time out to observe his behavior. Don't anticipate trouble. Keep a long-range perspective.

Bringing up children is a succession of problems which should be a joy to parents to solve—for there's nothing more satisfying than meeting a difficult situation and solving it under your own steam.

★ ★ ★

## Power interruptions

(The Times, Taber, Alberta—November 1, 1956)

Just how dependent are we as a whole on our utilities? All utilities, just like the sunshine and the rain or night and day, are taken pretty much for granted until something happens to interrupt the smooth flow.

Of all our utilities we have found that the Natural Gas supply is the only one that has operated through the years without a break, that is an enviable record.

The electrical distribution problem is a little more difficult but we still wish that the Calgary Power could come up with some answer to power interruptions. This week we were particularly annoyed when the power was off from 1 to 3.30 on Wednesday afternoon—it meant interruption and disorganization in the job of getting the "Times" out and was responsible to some extent in the paper being a little late this week.

We recall that some years ago there was talk of a new loop circuit that would insure Taber getting uninterrupted service in the event of some section of the power line having trouble. Just what became of that plan? And why can't it be put into force?

## Travelling "snow"-house



The Governor General wasn't wearing parka and muk-luks when he called on pretty Eskimos Paulette Aneroudluk and Annie Wetalluk in this igloo built by the Department of Northern Affairs.

No melting snow dripped down to sizzle on the frying pan in this colorful northern house-keeping scene for the igloo was at the Ottawa Men's Press Club Ball a 1,000 miles south of the Arctic Circle.

The Northern Affairs' igloo has become the fastest-travelling snow-house in Canada. Designed by an Eskimo and built in Ottawa of plastic styrofoam it was displayed first at the Canadian National Exhibition in Toronto this year where it proved one of the hits of the big "Ex".

Currently on display as centerpiece of an exhibit on arctic living at the Art Gallery and Museum in London, Ont., it will later travel to Hamilton where it will remain through January, 1957. On its return to Ottawa the igloo will be re-built in the rotunda of the National Museums of Canada, and leave for England and the International Boy Scout Jamboree next June.

Northern Affairs' experiment of constructing plastic igloos for display could introduce a new trend in arctic housing. At Cape Dorset on Hudson Strait in the Eastern Arctic the Department has built a test "snow"-house to find out how this dry, windproof, waterproof, plastic type igloo will stand up when exposed to the searing cold of arctic winter.

## Sympathetic Understanding

The lady of the house was showing the new maid about the premises. As they walked into the dining room, she said, "This dining room table goes back to Louis the Fourteenth."

"That's nothin'," said the maid, "my whole living room set goes back to Eaton's the fifteenth."

## WEEKLY BIBLE COMMENT

## WE SHOULD BE MORE KINDLY AND HUMANE

The problem of human suffering is always acute. At this present hour, thousands of freedom-loving peoples in Eastern Europe are suffering incredible hardships—famine, violence, the threat of disease.

The problem is no less acute because this is suffering induced by man. A poet once said, "Man's inhumanity to man makes countless thousands mourn."

One of the things that impresses us is the amount of suffering that could be alleviated or avoided if men took a different attitude. We are troubled that people suffer. And yet, how much in our own attitude has to do with the conditions that make for suffering!

If we do not protest, if we do not strive to make the conditions of life more humane, we may actually offend in doing things that cause people to suffer.

Think of the amount of suffering, for instance, that has resulted from bigotry and prejudice.

There is a story in Luke of a poor woman who had been ill for 18 years, so bowed over she could not lift herself up. Yet when Jesus healed her on a Sabbath day, the ruler of the synagogue was moved with indignation.

Jesus denounced him and all who shared his attitude as hypocrites. How much of such shameful and cruel hypocrisy there has been in the world and how much of it persists even at the present hour!

Does our religion, above all things, make us kindly and humane? Or are we among those who value conformity to ritual more than gentleness, goodness and blessing?

## DIET OR NOT?

The human body is in a quandary today. Millions of advertising dollars teach us to eat our vitamins and put weight on ourselves. More millions of advertising dollars, particularly the institutional ads of the large insurance companies, warn us of the pitfalls of fat.

What are we to do?

Exceed the feed limit?

Or take that most difficult exercise of all, lean against the table and push it away with all our might?

Usually the mirror, not the doctor, tells us what to do. If we become as broad as a quarter past nine or, as J. B. Priestley describes it, a vast wad of womanhood, we turn to diet. And the comforting assurance we get from this discipline is furnished by Paulette Goddard. She says that if a girl doesn't watch her figure, the boys won't.

## How to Reduce Swollen

## Painful Piles

Here is a nice, clean, easy way to get real relief from the nagging distress of swollen, painful piles without the inconvenience of ointments, pile pipes or suppositories.

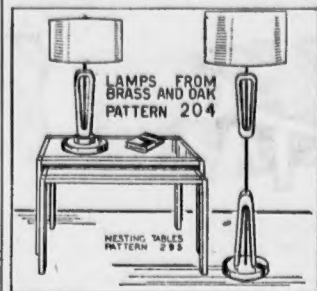
The secret is in taking just one small Hem-Roid Tablet, with water, two or three times a day. Works through effective INTERNAL action. Quickly eases constipation, relieves itching, soreness and pain. Helps shrink piles and permits them to heal.

Why suffer needlessly when Hem-Roid offers you so much. Get a package today. See for yourself how nice Hem-Roid is to use, how effective it is and how much more comfort it will quickly bring you. All drug stores. Low cost. Money refunded if you are not 100% pleased.

## IN THE HOME WORKSHOP

## Modern lamps

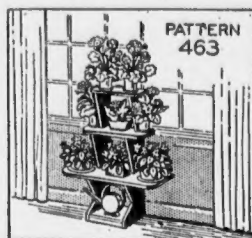
These lamps are made by joining wood and metal to make unusual modern designs. The material used is available at the nearest lumber yard and hardware store. Pattern gives actual-size cutting diagrams and illustrated directions for assembling and finishing. Price of pattern 204 is 35c.



Material used is available at the nearest lumber yard and hardware store. Pattern gives actual-size cutting diagrams and illustrated directions for assembling and finishing. Price of pattern 204 is 35c.

## Plant stand

House plants of all types will find a happy home on this stand which offers both sun and semi-



shade. The graduated shelves lock into upright sections—all of stock sizes of lumber. Pattern 463 shows every step and will be mailed for 35c. This pattern is one of five in the packet Shelves and Stands for the Handy Man to Make. Price \$1.50.

Address order to:

Home Workshop Patterns,  
Department P.P.L.,  
4433 West 5th Avenue,  
Vancouver, B.C.

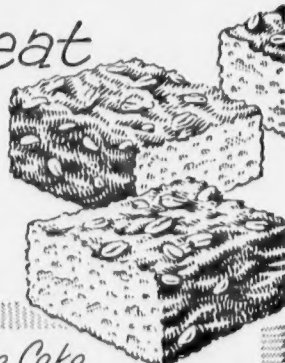
## STOCKTON WOMAN WINS FRAZER 4-H TROPHY

Mrs. R. O. Brown, who founded the Stockton 4-H club seven years ago and has led it to repeated victories since, has been awarded the W. S. Frazer trophy as the outstanding 4-H club leader in the province for 1956.

The term "hiding power"—used in connection with paint—refers to the capacity of a paint to conceal the surface that lies beneath it. 3228

## Sweet Treat

And so easy with fast-rising Fleischmann's Active Dry Yeast... a treat that will bring demands for "more, please!"



## Honey Bun Coffee Cake

1. In an 8-inch square cake pan, melt

3 tablespoons butter or margarine

Drizzle with

1/2 cup honey

and sprinkle with:

1/2 cup broken salted

nutmeats

2. Scald

1/2 cup milk

Remove from heat and stir in

1/4 cup honey

3/4 teaspoon salt

1/4 cup shortening

Cool to lukewarm.

3. In the meantime, measure

into a large bowl

1/2 cup lukewarm water

1 teaspoon granulated

sugar

and stir until sugar is dissolved.

Sprinkle with contents of

1 envelope

Fleischmann's

Active Dry Yeast

Let stand 10 minutes, THEN

stir well. Stir the lukewarm

milk mixture and

1 well-beaten egg

1/2 teaspoon vanilla

into the yeast mixture.

Sift together once

2 cups once-sifted

all-purpose flour

3/4 teaspoon ground

cinnamon

Sift dry ingredients into yeast

mixture and stir until well

blended—about 1 minute.

4. Spoon mixture into pre-

pared cake pan. Cover. Let

rise in a warm place, free from

draft, until doubled in bulk—

about 1 1/4 hours. Bake in a

moderately hot oven, 375°,

about 35 minutes. Turn out of

pan immediately. Serve warm.



Needs no refrigeration



## Carbon

Mrs. Harry Hunt went to Calgary Wednesday to attend the funeral of the late George Hunt.

Jo Ann Ohlhauser, Diane and Frances Bushby were weekend visitors at the home of their parents.

Word was received this week of the death of two former Carbon residents, Jasper Rochester of Mercoal and Claude Cressman.

### LEGION NOTES

The Legion is holding a Pot Luck Supper and Presentation for the Pony League players, their families and supporters on Saturday, Feb. 9th.

There will be entertainment and presentation of trophies, etc. Bring along some food and a collection plate will be placed for any donations towards Pony League Work.

The Polio Drive is now on and the Legion members, both men and women will be canvassing the district any day now, so if you are away, please leave your donation with someone at home.

The Polio Fund is doing great work and all help is voluntary and this community has received more than they have put in. The help given to Eileen Sigmund alone—as the Polio Fund supplied the wheel chair and also paid transportation by plane for Eileen and her Mother to Santa Monica, California.

Here is a letter received from Eileen on Dec. 30, 1956.

Secretary Carbon Legion.

Dear Sir:

I would be very pleased if you would thank your fellow members for remembering me at Christmas.

It was very kind of you and it is nice to know that even though I am so far away I am still being remembered.

I like it very much down here and I am very grateful to the Legion Polio Fund for making it possible for me to make the trip. Thank you again for your gift

and a Happy New Year to all. Sincerely, Eileen Sigmund. The Polio Fund is open to all polio patients who need help. Chas. Cave, Welfare Officer.

## Obituaries

### GEORGE HUNT

George Hunt 57, Calgary died in General hospital Friday.

Born in England, he came to Carbon as a child in 1902. In 1914 he moved to Vanderhoof, B.C., where he resided for several years before coming to Calgary.

Surviving are his wife Ruby and daughter Myrna, Calgary; four brothers and a sister.

Funeral services were held in Leyden's Chapel of Remembrance Wednesday at 1:30 p.m. Burial was in Queen's Park cemetery.

### MRS. CATHERINE TOEWS

Mrs. Catherine Toews, wife of H. L. Toews of the Sunnyslope district passed away suddenly of a heart attack in her home Jan. 27 at the age of 71 years less 18 days. She was born at Newton, Kansas Feb. 14, 1886. Her parents, C. P. Unruh moved to Dallas, Oregon where she spent her girlhood years. When her father died her mother remarried to P. W. Toews, Steinbach, Man. where they moved to in 1901. Then her parents moved to this district in 1907 and she followed in 1908 and was married to H. L. Toews and homesteaded and resided there till her death. Nine children were born to this union, one preceding her death in infancy. In 1920 she took up a nursing course, opening her home to maternity cases and others, discontinuing nursing in 1940. She also spent some time at the Rocky Indian Mission.

She is survived by her husband; three daughters, Lottie, Mrs. John I. Penner of Kleeferd, Man.; Priscilla, Mrs. Walter Klassen of Crooked Creek; Olive Mrs. Paul Baerg, Mt. Lehman, B.C.; five sons, Claude and Noah

of Crooked Creek; Paul, Lewis of Sunnyslope; Walter, Linden; two sisters, Mrs. Jac. L. Toews, Swallow; Mrs. Ed Lempyk of Grande Prairie; one stepsister, Mrs. Norman Goosen, Carbon; two brothers, Walter Unruh of Linden and Claude Unruh of Mt. Lehman, B.C.; one stepbrother, Herman Toews with the R.C.A.F. in Ontario; one stepmother, Mrs. D. L. Friesen of Swallow.

### IN MEMORIAM

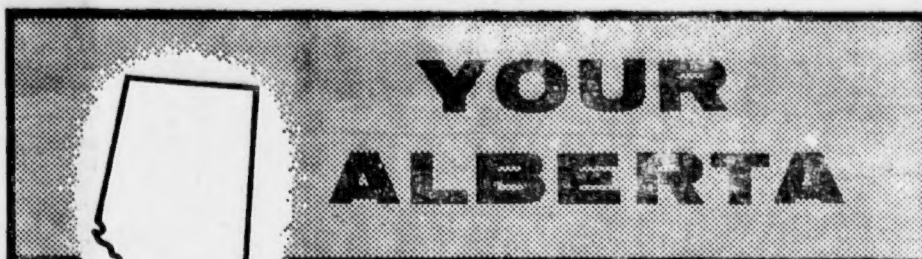
In loving memory of Barbara Flaws, who passed away Jan. 13, 1953 in the Drumheller hospital.

"Always a lonely heartache,  
Often a silent tear;  
But always a heartfelt memory  
Of one we loved so dear."

Ever remembered by her loving husband Jim, Mary and David.

### VALUABLE VITAMIN

Ascorbic acid, commonly known as vitamin C is important to the diet to prevent scurvy and to keep blood vessels intact. It is not an easily stored vitamin. The body builds only limited stock of vitamin C so must renew it constantly. It is found in broccoli, green peppers, yellow turnips, brussels sprouts and spinach. Among the fruits, good sources are cantaloup and the citrus fruits and their juices.



THERE ARE ALL SORTS of services offered by your provincial government that are not common knowledge among the people for whom they are intended. For example, the government is in the annuity business, with a branch of the provincial treasurer's department handling their sale. A rate of 3 1/2 percent is provided for, for a maximum annuity of \$1,500 at age 60.

ANOTHER LITTLE KNOWN SERVICE comes from those offered by the Department of Education through its Vocational Training Division. The branch offers rehabilitation training to persons suffering from a handicap. They become self supporting and self respecting and are thus removed from charity rolls. The department for example, has helped a widowed mother learn how to type and so become able to support her family; helped polio victims according to their capabilities; and even helped a person lacking self confidence to regain it, and be able to hold a job and maintain her place in society.



Lethbridge.

THE ISAAC WALTONS of the province are inspecting their lines and lures just about now, impatient at winter's tardiness in departing. A branch of the government, the Fisheries Branch of the department of Lands and Forests, is also busy preparing for the preparing fishermen. Computations are under way estimating the number of young fish that will be needed in the regular restocking program, and the places old and new, in which they may be placed to provide greater sport for the fishermen.

TALKING OF FISHING, don't forget the importance of that sport in the tourist industry. And the importance of all other aspects of your government's activities, in encouraging people to visit here and return again year after year. That's an important reason why the government assists in training restaurant help to aid in making a good impression on resident and visitor alike. It's done through the Institute of Technology and Art in Calgary.

MOTORISTS using the province's highways will soon see new types of signs along the roads' edges. They will be signs identifying towns and places, and there will also be smaller name signs and highway marker signs. More colorful than the present name plates, they will be reflective and show well at night as well as during the daytime.

WITH ALL THE HOUSEBUILDING going on in Alberta, there is considerable appreciation by those involved in changing land ownership for the system of land registration there is in Alberta. The Land Titles Office, part of the Attorney General's Department, operate under what is known as the "Torrens system of land registration". This system stipulates that no ownership of land is considered to be legal until it is recorded at the Land Titles Office, and once it is so registered, no one else may dispute it; saving much in lawsuits and other difficulties.

THE EFFORTS OF the Alberta Government Telephones to switch all phone services in the province to the new dial system is continuing apace. Fort Saskatchewan is the most recent community to make the change over. It takes much time and planning to make the change and to order equipment far enough ahead to have delivery when material is needed. In time, all the telephones will be on a dial system, with numbers of a type that will permit them to be linked with the international trunk system.

BE SEEING YOU SOON!

## Your Future is Here... In Alberta

THIS ADVERTISEMENT IS NO. 87-57 OF A SERIES PREPARED BY THE DEPARTMENT OF ECONOMIC AFFAIRS.

GOVERNMENT of the PROVINCE of ALBERTA

### CLIP AND MAIL TODAY

PUBLIC RELATIONS OFFICER,  
Legislative Buildings, Edmonton, Alberta.

PLEASE SEND ME INFORMATION ON THE FOLLOWING  
GOVERNMENT DEPARTMENTS:

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> AGRICULTURE           | <input type="checkbox"/> ATTORNEY GENERAL     | <input type="checkbox"/> ECONOMIC AFFAIRS   |
| <input type="checkbox"/> EDUCATION             | <input type="checkbox"/> HEALTH               | <input type="checkbox"/> HIGHWAYS           |
| <input type="checkbox"/> INDUSTRIES AND LABOUR | <input type="checkbox"/> LANDS AND FORESTS    | <input type="checkbox"/> MINES AND MINERALS |
| <input type="checkbox"/> MUNICIPAL AFFAIRS     | <input type="checkbox"/> PROVINCIAL SECRETARY | <input type="checkbox"/> PUBLIC WELFARE     |
| <input type="checkbox"/> PUBLIC WORKS          | <input type="checkbox"/> TELEPHONES           | <input type="checkbox"/> TREASURY           |

NAME (Please Print) .....

ADDRESS .....

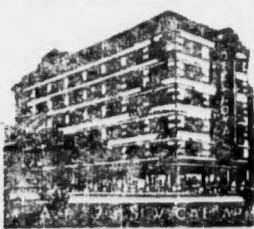
CITY .....



### For Real Comfort

STAY AT  
**HOTEL ROYAL**  
CALGARY

Convenience and Comfort  
at Reasonable Rates



## MYSTERY BINGO

SPONSORED BY THE  
CATHOLIC WOMEN'S LEAGUE  
WILL BE HELD IN THE

**BEISEKER MEMO. HALL**  
**MONDAY, FEB. 11, 8 PM**

20 GAMES \$1.00; EXTRA CARDS 25c.  
VERY GOOD PRIZES  
BLACKOUT \$25.00 CASH  
EVERYBODY WELCOME



## Funny and Otherwise

A medical officer was testing the camp water supply.

"What precautions do you take against infection?" he asked the sergeant in charge.

"We boil it first, sir," replied the sergeant.

"Good."

"Then we filter it."

"Excellent."

"And then," said the sergeant, "just for safety's sake we drink beer."

The bandaged and haggard-looking husband was asking the Court for a separation order. "My wife's been throwing things at me ever since we married," he said. "I don't feel safe."

"Yet only now, after 20 years, you seek the Court's protection," said the magistrate, sceptically.

"Well, sir, her aim's getting better!" the man explained.

The bar was crowded with drinkers. After quite a few rounds, one of the customers suddenly staggered, turned and fell flat on the floor.

Companion: "That's what I like about Joe. He always knows when he has had enough."

Client: "I'll give you \$100 to do my worrying for me."

Lawyer: "Great! Where's the hundred?"

Client: "That's your first worry."

Led by an old Indian, tourists were visiting the ruins of an Inca temple in Peru. To reach the ancient shrine they had to leave their cars at a distance. Suddenly one woman exclaimed:

"Oh, I forgot to lock my car."

"Don't worry," said the Indian guide. "There isn't a white man within 50 miles of here."

"My son went away 10 years ago to make his fortune."

"And what is he worth now?"

"I don't know for sure. But the New York police are offering twenty thousand dollars for him."

### SLOW TO CATCH ON

It is estimated that it took fish some 250 million years to develop into their present form and learn to swim.

## Royal Commission on Agriculture and Rural life

A self-supporting crop insurance plan covering wheat and coarse grains is recommended by the Royal Commission on Agriculture and Rural Life in its Report No. 9, submitted to the Saskatchewan government.

The proposal is conditional on the Federal government's assuming a major share of responsibility. In the Commission's view, comprehensive crop insurance coverage involves reserve funds beyond the fiscal capacity of a single agricultural province. Its recommendation, therefore, hinges on Federal approval and implementation.

The report gives detailed attention to the operation of the United States crop insurance program and to the Prairie Farm Assistance Act. Experience gained under these two programs, the Commission concludes, indicates that self-liquidating crop insurance for the majority of prairie farmers is feasible.

The basic plan recommended by the Commission would insure wheat and coarse grain acreage at 60 percent of the long-term average yield.

Initially, the report recommends, crop insurance for the prairies should be inaugurated on an experimental basis in limited areas. Many problems, the Commission states, can only be solved with actual operating experience under prairie conditions. An experimental program offers the opportunity to test several approaches to crop insurance while limiting liabilities to reasonable levels. As experience is accumulated crop insurance could be extended to larger areas.

While suggesting specific areas only in Saskatchewan, the Commission strongly recommends the inclusion of Manitoba and Alberta in the experimental phase of the program.

As proposed, the Federal government would provide the initial financial reserve for the test program and set up the central administration, perhaps in conjunction with P.F.A.A. Provincial governments would assume regional administrative costs and act in an

### Prepare for summer vacation

For the non-swimmer, swimming lessons in winter can be a great boon. Many communities have facilities for indoor lessons and advantage should be taken by those who cannot take care of themselves in deep water. It is easier to learn under supervision of a qualified instructor in pools that are graduated to the novice's needs.

advisory capacity to the program.

The plan envisaged by the Commission differs in several important respects from earlier plans considered on the prairies:

1. The basic unit for determining premium rates and indemnities would be the delivery point. Because the area involved is smaller than a rural municipality, the delivery point would include fewer extremes in yields.

2. The basic plan would offer group indemnities rather than indemnities for individual farm losses. In other words, farms in a particular delivery point area would qualify for indemnities in any year that the area average yield fell below 60 percent of the long-term average yield. Payment of indemnities on the basis of individual farm yields, the report states, would require premiums too high for the majority of farmers to pay. Individual indemnities would be feasible as an optional plan, however, in low risk areas such as the Regina plains.

3. Once farmers in a rate area had voted in favor of the crop insurance plan, participation would be compulsory for a stipulated period of years. The Commission rejected voluntary insurance of the type provided in the United States because it tended to destroy the rate structure by attracting a concentration of higher risk farms and farmers. In addition, the Commission said, a compulsory plan results in much lower administrative costs.

4. Premiums would be collected as a proportion of grain marketings in a manner similar to the collection of the P.F.A.A. levy.

While critical of some aspects of the existing Prairie Farm Assistance Act, the Commission considers its continuation necessary even after crop insurance is extended to its practical limits. Under the proposed crop insurance plan, land considered submarginal for wheat production would be excluded. The Commission recommends that P.F.A.A. continue to apply in all areas in which crop insurance is not available in order to assure a minimum level of crop loss protection to all farmers.

Also recommended are these amendments to P.F.A.A.:

1. Elimination of those sections of the Act which exclude certain alienated Crown lands and irrigated lands.

2. An increase in payment schedules to reflect increases in levies collected and increases in farm production costs since 1939.

3. Provision of higher limits on the eligible acreage per farm in proportion to average farm size increases since 1939.

4. Provision of four categories of payments instead of two within the 0 to 8 bushel range of yields.

A large section of the Commission's report is devoted to a detailed projection of its proposed all-risk crop insurance plan in three representative areas of Saskatchewan. These are the Regina plains region, representative of low-risk areas; the Swift Current-Shaunavon region, representative of high-risk areas; and the Davidson-Hanley region, typical of intermediate risks. It is these areas which the Commission suggested be included in the initial test program.

As part of its analysis the Commission estimated premium rates and coverage for wheat insurance in all the delivery point areas in these three regions. The average premium rate in the Regina region (covering 293 acres in wheat) would be \$215 to provide coverage of \$2,754. The amount of coverage cited here represents the average payment in the event of total crop failure.

In the Davidson-Hanley region, where risks are somewhat higher and wheat acreage per farm somewhat lower than in the Regina plains, premiums would average \$201 for coverage of \$1,461. The third region — Swift Current-Shaunavon — has the highest risks and the lowest wheat acreage per farm unit of the three listed. Here, a \$169 premium would provide coverage of \$1,035.

The type of insurance for which these rates were estimated was group indemnity wheat insurance with coverage at 60 percent of the long-term average yield. For purposes of the estimate, wheat was assumed to be priced at one dollar per bushel.

## Print in Russia

Representatives of the Soviet printing industry have admitted that their standards of work falls far below that achieved by Western countries but they place the blame on the state of Soviet printing machinery production.

Apparently there are only two major machinery works to supply the expanding printing industry and the special board which used to direct the industry has been disbanded and it is now controlled by the board for the production of consumer goods' machinery production.

The range of production is considered inadequate and the equipment obsolete so that composing and typesetting machines, photo-gravure equipment and offset presses are all in short supply. No photosetting machines are available and nothing has been done about the supply of electronic equipment on an industrial scale. The Soviet chemical industry is criticized for its failure to provide the required quality.

## School-timer



4662  
SIZES 6-14

by Anne Adams

Send her to school, mother — wearing her favorite shirtwaist frock! The graceful yoke, wide-flaring skirt are tops in classroom fashion. Vary sleeve length, contrast collar—make several in winter-weight cottons to keep her smartly dressed every day!

Pattern 4662: Girls' Sizes 6, 8, 10, 12, 14. Size 10 takes 3 3/4 yards 35-inch; 3/4 yard contrast.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Write plainly Size, Name, Address and Style Number and send orders to:

Anne Adams Pattern Dept.,  
Department P.P.L.,  
60 Front Street W., Toronto.

Be sure to write plainly your Name, Address and Pattern Number.

## Freight rate increases fail meet wage demands

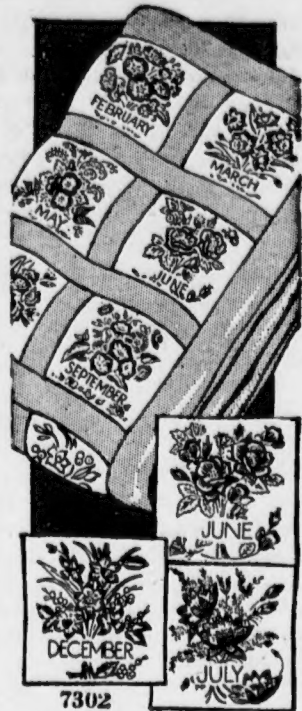
"The interim freight rate increases so far authorized by the Board of Transport Commissioners will fall substantially short of meeting even the 1957 impact of wage awards which have to be met by Canadian National Railways," Donald Gordon, president of the CNR, said in a statement.

Mr. Gordon added: "The reasons which led the Board of Transport Commissioners to issue this interim order have not yet been made available but we shall examine them with great interest when given the opportunity."

"The plain fact of the matter is that the inflationary consequences of higher wages and prices are already at work, and are reflected in our disbursements for payrolls and materials despite the steady improvements that have been made in operating efficiency. Our application for increased freight rates is therefore a measure calling for recognition of the facts as they now exist."

## Patterns

### "Flower" quilt



7302

by Alice Brooks

Twelve months of lovely blossoms—"blooming" in bright colors on this cozy quilt! Easy to embroider symbolic flowers for every season of the year.

Pattern 7302: Diagrams, transfers of all 12 flowers-of-the-year included. Quilt 72x102 inches.

To obtain this pattern send twenty-five cents in coins (stamps cannot be accepted) to:

Household Arts Department,  
Department P.P.L.,  
60 Front Street W., Toronto.

Two FREE patterns—printed in our ALICE BROOKS Needlecraft book—stunning designs for yourself, for your home—just for you, our readers! Dozens of other designs to order—all easy, fascinating hand-work! Send 25 cents for your copy of this wonderful book right away!

## Helpful Hints

Are you constantly wearing out your stockings at the heel? Then rubbing paraffin on the top insides of your shoes may help.

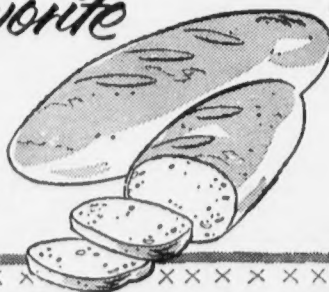
When drilling through masonry with a hammer and a star drill, rotate the drill a quarter turn after each blow from the hammer. This helps the drill to cut faster and prevents it getting stuck in the masonry.

To figure the amount of surface to be covered when painting cast iron radiators, measure the front area and multiply by 7. Using the same color of paint as used for the wall behind the radiator will tend to make the radiator the least conspicuous.

When it's necessary to hammer next to a finished surface, hold a thick piece of cardboard over the surface so that the finish won't be damaged by the side of the face of the hammer. 3229

## Family favorite

So delicious, and so easy to make, too! For dependable results when you bake at home use fast-rising Fleischmann's Active Dry Yeast.



### Rye Bread

1. Measure into bowl  
3/4 cup lukewarm water  
Stir in  
1 tablespoon granulated sugar  
Sprinkle with contents of  
3 envelopes  
Fleischmann's  
Active Dry Yeast  
Let stand 10 minutes,  
THEN stir well.

2. Stir into yeast mixture  
1/2 cup warm water  
2 tablespoons soft shortening  
1/2 cup molasses  
1 tablespoon salt  
2 teaspoons caraway seeds, optional  
Stir in  
2 cups once-sifted rye flour (light or dark) and beat until smooth.

Work in  
2 1/2 cups (about) once-sifted all-purpose flour to make a stiff dough.

3. Turn out on lightly-floured board and knead until smooth and elastic. Place in greased bowl and brush with melted shortening. Cover. Let rise in warm place, free from draft, until doubled in bulk—about 1 1/4 hours.

4. Punch down dough. Divide dough in half. Shape each half of dough into a loaf. Place loaves, well apart, on a cookie sheet sprinkled with cornmeal. Cover with a damp cloth. Let rise until doubled in bulk—about 1 hour. Brush each loaf with a little cold water. Bake in a hot oven, 450°, 10 minutes. Reduce heat to moderate, 350°, and continue to bake until loaves sound hollow when tapped with knuckles—20 to 25 minutes longer. Yield—2 loaves.



Needs No Refrigeration



## I married a fixer

I have often seen lists of traits young people hoped to find in the man or woman they married. The lists include such things as a good disposition, neatness, politeness, and so on. But there is one most valuable trait I've never seen listed, yet after seven years of marriage I've come to prize it highly. This is the ability to fix.

One of the first sentences our children have learned to lip is "Dad-dee feex!" When the pegs fall out of the hammering board; when the rocking horse begins to sag; when the tractor casts a wheel; Dad-dee feex. Daddy's bureau looks like a junk shop at the end of the day with its accumulation of broken objects for his attention.

Toy repair contributes a large measure of peace to the household, but I appreciate Daddy's ability most when the appliances gurgie or grind or whirl to a halt. Then, instead of beginning the frustrating and expensive hunt for a serviceman, I simply wait until the right moment and lay the problem before Daddy. He has his psychological moments, too, so it is necessary to be patient and do without until the muse strikes. Then, be it in the midst of dinner preparation or 10 minutes before time to call for the sitter, Daddy, surrounding himself with tools and drawings of how he thinks the appliance is wired together, falls to.

Soon comes the grave announcement that repair is impossible. Screws and bits of metal litter the area. Coat hangers, hairpins and helpers are called for. Tests are run. Finally Daddy rises, announces that the appliance will now either work or explode, and he confidently anticipates the latter, switches are turned, and invariably, if he has remembered to plug it back in, it works! This surprises no one, but we are all pleased and proud of Daddy for being such a good fixer.

I am doubly blessed in having a resident fixer because fixing is catching and the children are so imitative. When I pulled the shade off the bassinet and couldn't figure out where it hooked on, my six-year-old came to the rescue and replaced it immediately, amid voluble praise! They know the workbench like I know Mother Goose, and even the two-year-old can be sent for the Phillips head screw driver, or that little thing that opens the drill, and come back with the right one every time.

So my advice to young people contemplating matrimony is, never mind how well he dances or she plays tennis. For a smoothly running household, find yourself a fixer.

## REPORT INCREASE FARM EFFICIENCY

Are farmers operating efficiently or is the need for increased efficiency a major problem in Canadian agriculture? This question was discussed in Halton farm forums under the topic heading, What Price Efficiency?

Reports from local forums showed good discussions and varied opinions. One group expressed the opinion that Canadian farmers had done an excellent job in providing food, not only for Canadians but many outside Canada.

Other groups felt increased efficiency would result in higher quality products but warned against overproduction causing surpluses. More efficient marketing should also receive attention. This should increase the farmer's income, they said.

All forums agreed there were not too many farmers. With an ever-increasing population, much food will be needed. One group decided that some who were not trying to make a success of farming might be better employed in different work.

## Golden Jubilee book printed in Taber

An attractive 204 page Golden Jubilee book commemorating the 50th anniversary of the Town of Taber, Alberta, has been published in the plant of the Taber Times.

It took over a year for the committee, which included Arthur H. Avery, publisher of the Times, to gather the material.

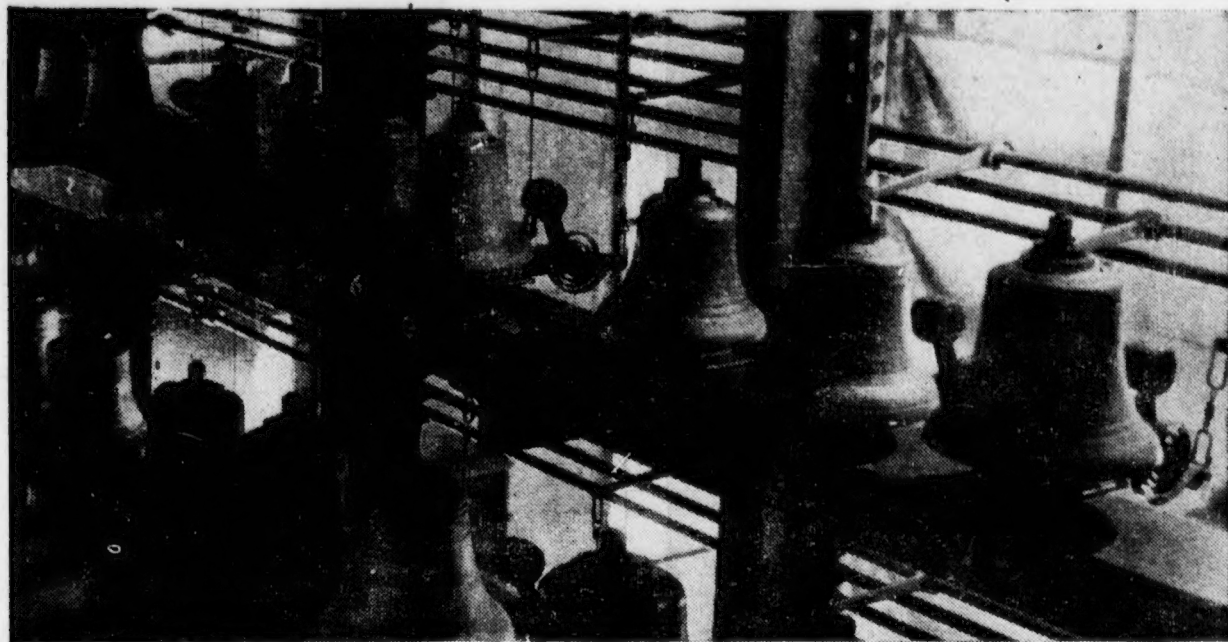
The book contains more than 300 photographs covering the outstanding events in Taber's history, from the building of the first house in Taber in 1903 to the present.

Florida has the longest tidal shore line of any state in the United States.

3228

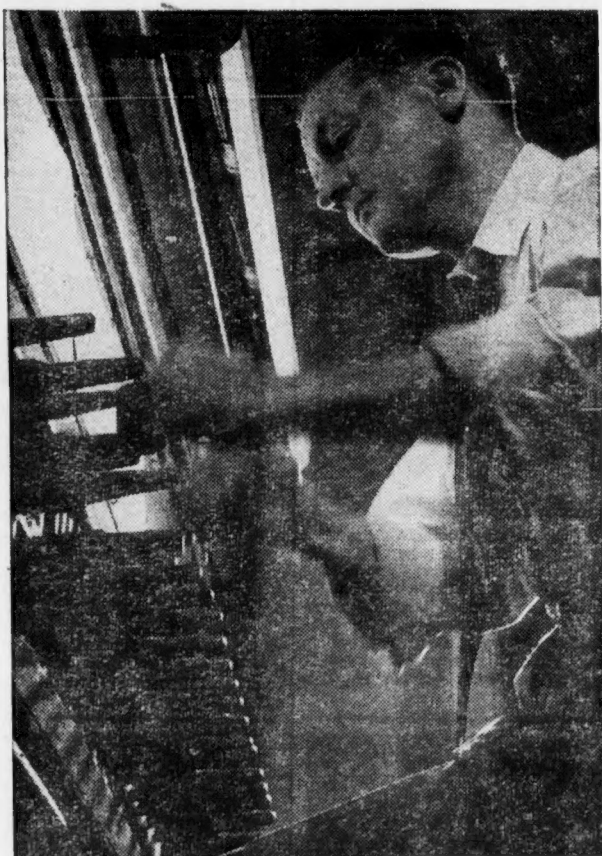
## Peace Tower Bells Ring in New Year

# Parliament Hill Signal



The carillon of the Peace Tower has 53 bells. The largest one weighs 22,400 pounds and is pitched to "E", while the smallest weighs 10 pounds and is pitched to "A", four and a half octaves above. The carillon must be

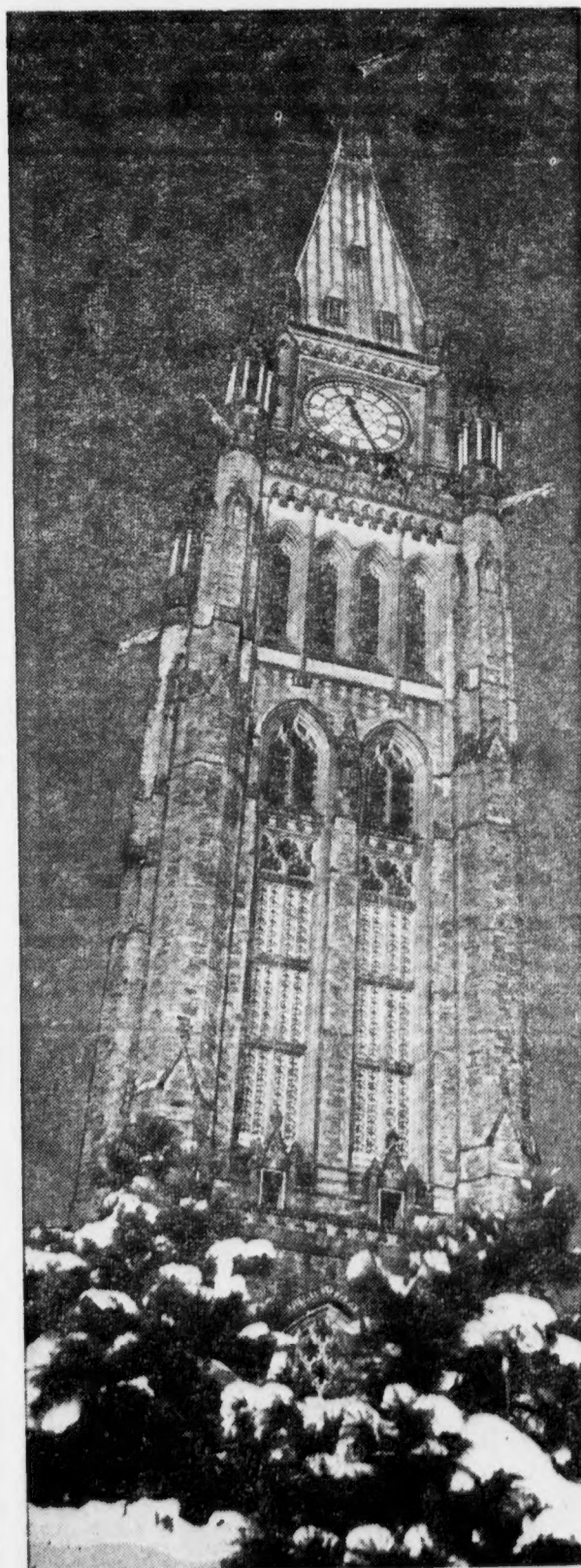
cleaned twice a year and the carillonneur, himself, supervises all the work. The carillon was installed in 1927, to mark the 60th anniversary of Confederation and to commemorate the peace of 1918.



Playing the carillon is a feat of strength as well as skill. The keyboard is six feet long and consists of peg-like keys forced down by the fist with foot pedals used for sounding the bass.



Expression is given to the music through the variation of touch and guards must be worn to protect the hands. Mr. Donnell trained as a carillonneur in Canada, the United States and Europe.



Since 1927, the carillon of the Peace Tower has shared the joys and sorrows of the Canadian nation. From this gothic style tower, cascades of joyous notes will herald the advent of the New Year.



# World Happenings In Pictures

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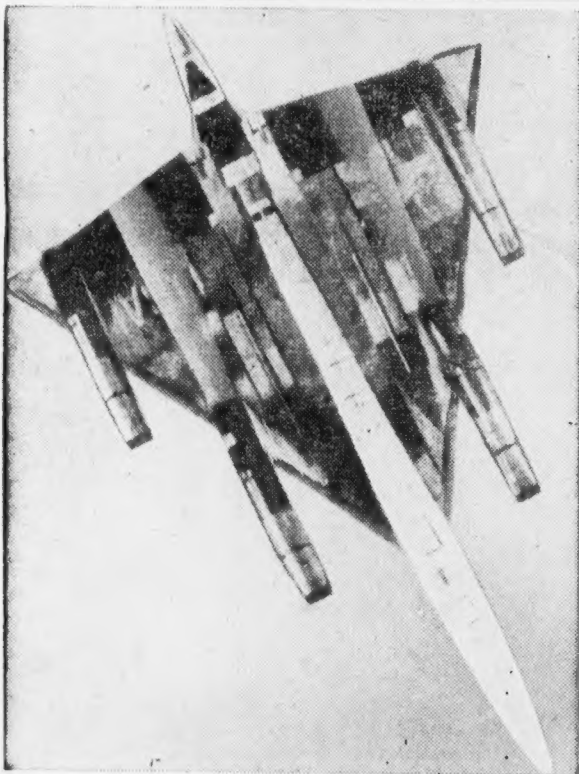
**SUGAR RAY ROBINSON**—World middleweight boxing champion Sugar Ray Robinson skips rope during workout in New York city gymnasium in preparation for his title bout against Gene Fullmer at Madison Square Garden. Robinson will return to his Greenwood Lake, N.Y., training camp for a pre-fight physical.



**PIPE THIS PIPE**—With a pipe fashioned from a calabash, this dreamy-eyed Baluba native enjoys a casual smoke. By rolling tobacco cigarette-fashion and pushing it into a small tube in the end of the fruit, the Belgian Congo natives transform the calabash into a highly serviceable pipe.



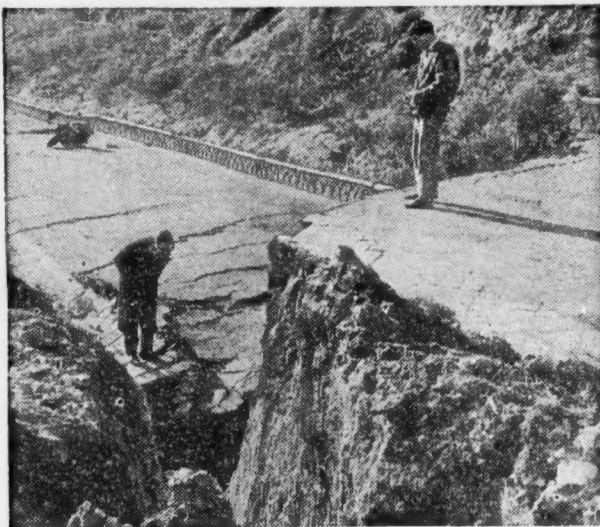
**PATTI TO WED DANCE DIRECTOR** — Singer Patti Page, of Radio TV fame, and dance director Charles O'Curran, were married in Las Vegas on Friday, December 28. It will be the first time for Patti. O'Curran was the former husband of Betty Hutton.



**B58 HUSTLER**—The new U.S. Air Force B58 Hustler, successor to the B47 medium jet bomber, shows its delta wing and elongated engine nacelles as it noses up in a test flight near Fort Worth, Texas. The plane, 95 feet long with a 55-foot wing span, is capable of supersonic speeds carrying crew of three.



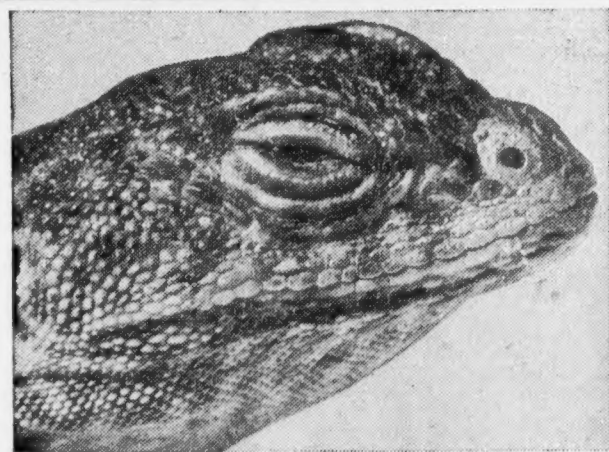
**MAN TRAP**—Bachelors beware! Tread ever so lightly on this snare and voom!—13 jagged teeth spring into your leg, rendering you helpless in the face of husband-hunters. The fiendish device, being pondered over by Chris Cominel in New York City, was once used to ensnare poachers on an English estate.



**"YOU TAKE THE HIGH ROAD . . ."**—This divided highway, in Rome, Italy, involves a unique form of division. The ground under the Viale Angelico suddenly caved in, above, splitting the road in two, and dropping one section several feet below the level of the other. Heavy rainfall was blamed for the landslide.



**WELCOME CYMBALS**—Clashing a salute to the emperor, a stiff army bandsman punctuates the playing of the National Anthem in Addis Ababa, Ethiopia. The band helped provide a big welcome for Emperor Haile Selassie on his return from state visits to India and Japan.



**BOO!**—This fierce-looking monster isn't as big as he seems. He's a collared lizard from the southwestern United States, and he measures only six inches from stem to stern. This bigger-than-life shot was made with a close-up camera at New York's Bronx Zoo.



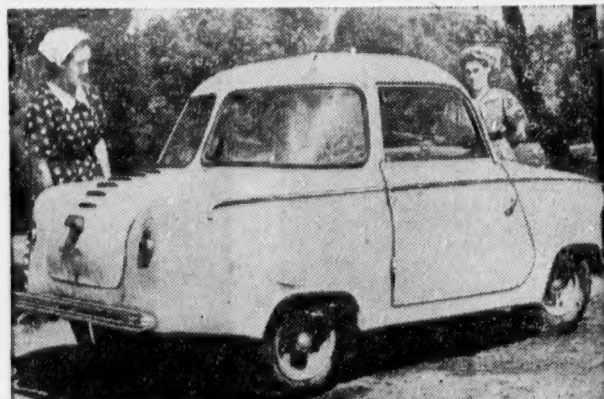
**ANYONE FOR WRITER'S CRAMP?**—Fay Imhoff, official calligrapher for the Inaugural Ball Committee in Washington, D.C., is being kept busy inscribing and addressing 7,500 invitations to the four Washington inaugural balls in January. She's holding Vice President Nixon's invitation in her left hand, while before her on the desk is one addressed to President Eisenhower.

3228

## Insult to injury

A Lexington man was well and truly drunk, but with what little vestige of sense he had left, decided that sleep was the best plan. He staggered off the road, found a comfortable place and slept.

Time passed and eventually the man was charged by the police for sleeping between railway lines. The only injury to the reveller being a badly bruised hip. His protests against the charge were dismissed.



**NEW '57 MODEL, SOVIET STYLE**—A pair of Russian women look over the latest model of the Soviet SZL midget automobile. The pint-sized stubby car was designed and produced at the Serpukhov Motorcycle plant in Moscow.



# The Sports Clinic

(An official department of the Canadian Amateur Sport and Physical Fitness Development Service)  
By Lloyd Percival

## Face off tricks

Here are some tricks you can use next time you are called on to take a face off. If you're a center or a defenseman, we suggest you practise them regularly until you have mastered the knack.

1. As the puck is dropped, quickly slap your stick against your opponent's to knock it away from the puck, and then sweep the puck back with the same motion. Aim at a spot on the shaft of his stick about six inches from the blade, and use the blade of your stick to do the job.

2. As the puck is dropped, move the blade of your stick quickly forward and then turn it towards the side (to the left, if left-handed). Then pull the blade quickly backwards, hooking the puck as you do.

3. Block the opposing center's stick by quickly placing the blade of your stick between his stick and the puck. Keep a tight grip and lean on your stick to make it hard to move. When his stick is stopped, suddenly flip the puck back.

4. If your opponent is slapping at your stick, try lifting your stick quickly and then going for the

puck when he misses your stick. Remember, you'll get best results when you play your opponent's stick and then go for the puck. But mix your tricks up, so that the opposing center is never sure which one is coming next.

## A shooting tip

Tests have shown that when shooting baskets, your scoring percentage will be higher if you have a definite target. Many players just draw a bead on the whole basket, and hope the ball will go in. Make sure that you pick the best target—set your eyes on the front rim of the basket before, during and after the shot, and watch your accuracy improve.

Remember this tip, too. Whenever you get the ball in good scoring position, shoot! Many players waste chances by standing around waiting for a better one. Get your shot away, and follow it in for the rebound.

## Quick Canadian Quiz

- Which of the four Atlantic provinces has the greatest population? Which of the three prairie provinces?
- The total number of Canadians under 15 years of age is 2 million, 4 million, 5 million?
- About two-thirds of all Canadians are now urban dwellers. What has been the principal factor in shifting population from rural to urban localities?
- Fifty years ago Norwegian explorer Roald Amundsen completed what famous Canadian sea voyage?
- Personal income taxes account for what proportion of the federal government's total tax revenues?

## ANSWERS TO QUICK QUIZ

- Less than one-quarter.
  - The growth of the manufacturing industry.
  1. Of the Atlantic provinces, Nova Scotia; of the prairie provinces, Alberta.
  4. First voyage through the North West Passage.
  2. 5 million.
- (Material prepared by the editors of Quick Canadian Facts, the pocket annual of facts about Canada.)

## Food faddists

Some of these food faddists recommend a daily eating of swiss cheese and limburger. It has always been a puzzle why the swiss cheese has the holes in it, whereas it's the limburger that needs the ventilation.

The bride was told by a well-meaning friend that sea food would give her husband that daily umph. So she went in and ordered oysters.

"Large or small, ma'am?"  
"Really, I don't know, sir," she said. "They're for a man with a size 16½ collar."

She was probably the bride who worshipped her husband. According to Don Ameche, she used to place burnt offerings before him three times a day.

## Mouse trap electrocutes

The latest mouse trap that electrocutes up to five mice at once, consists of a plastic dome-shaped cage, reports The Financial Post. The inside floor and walls have been sprayed with a thin, electrically conductive zinc film. When the cord is plugged into a circuit, the interior of the cage is connected to one current pole, the floor surface to another.

The mouse crawls into a hole in the top of the cage seeking bait placed inside and, standing on the floor, he soon touches a wall with his tail or nose, thus completing the circuit. Only the interior conducts electricity, so it's said to be safer for children and pets than conventional traps and poison. No need to touch the dead animals—they can be dumped out.

## WEEKLY CROSSWORD PUZZLE

### Stringed Instrument

- HORIZONTAL**  
1 Depicted musical instrument  
6 It has four

- 13 Mistake  
14 Food element  
15 Ship's record  
16 Sign of zodiac  
18 Malt drink  
19 An

- 20 Skeleton parts  
21 Golf term  
22 Tellurium (symbol)  
23 Area measure  
24 Revise  
27 Boys  
29 Down

- 30 Silver (symbol)  
31 Hebrew deity  
32 Pronoun  
33 Container  
35 Rim  
36 It is used

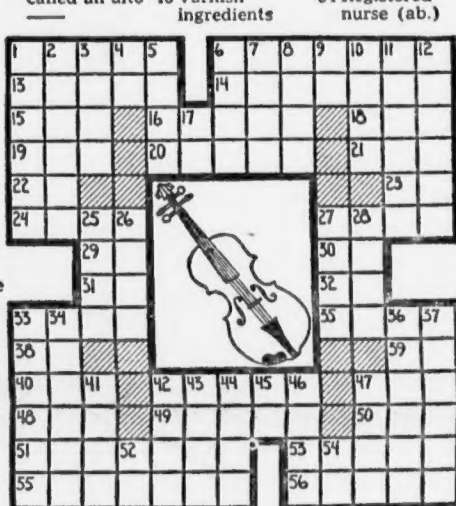
- 38 It is used  
39 Egyptian sun god  
40 Peculiar  
42 Run away to marry  
47 Roman bronze  
48 Falsehood  
49 Pants  
50 Rodent  
51 Slanting type (pl.)  
53 Get up  
55 Portia's maid  
56 Beneath

- VERTICAL**  
1 Veiled  
2 Pressed  
3 Revelry

- 4 Behold!  
5 Nomad  
6 Whirl  
7 Woody plant  
8 Flag-maker  
9 Pronoun  
10 Tidy  
11 Biblical mountain  
12 Scoffs  
17 Artificial language  
25 Notion  
26 Relate  
27 Crippled (symbol)  
28 Old  
33 It is also called an alto  
43 Varnish ingredients

- 34 Pen  
36 Oil  
37 Church festival  
41 Term of endearment  
42 Shield  
43 Varnish ingredients

- 44 Greek mountain  
45 Pages (ab.)  
46 Biblical name  
47 Dry  
52 Chinese weight  
54 Registered nurse (ab.)



## Funny and Otherwise

A certain storekeeper reported a fire in his establishment the very day he signed a new fire insurance policy. The company suspected fraud, but had no proof. The only thing the manager could do was to write the policy-holder the following note:

Sir: You took out an insurance policy from us at 10:00 a.m. and your fire did not break out until 3:30 p.m. Will you kindly explain the delay?"

O'Leary's wife awoke in the middle of the night to hear her husband creeping about in the kitchen.

"What might ye be looking for, darling?" she called out. "Nothing," called back O'Leary. "Just nothing."

"Oh!" said his wife cheerfully. "Then you'll find it in the bottle where the whisky used to be."

A worried lady entered a department store and bought two packages of invisible hairpins. Woman: "Are you absolutely certain these are invisible?"

Clerk: "Lady, I'll tell you how invisible they are. I've sold \$4.00 worth this morning, and we've been out of them for three weeks."

Teacher: "Now, Willie, if James gave you a dog and David gave you a dog, how many would you have?"

Willie: "Four."

Teacher: "Now, Willie, think hard. Would you have four dogs if James gave you one and David gave you one?"

Willie: "Yep. You see, I already got two dogs."

## Trans-Canada bridge contract is let

A \$325,000 pre-stressed concrete bridge will be built across the Assiniboine river west of Brandon by next August as part of the Trans-Canada highway.

Construction of this bridge will mark the last major obstacle hurdled—except for the building of perimeter roads around Winnipeg—in completion of the Trans-Canada Highway's route through Manitoba.

Minister of Public Works, R. D. Robertson, said that the contract for the job had been awarded to Benjamin Brothers of St. Boniface. He said the firm already has begun preliminary work on the site which is on a new stretch of highway that swings southwest of Brandon and across the Assiniboine to link up with No. 1 highway near Kemnay.

The bridge is the first of the pre-stressed concrete type to be built by the province.

The average heart of a human adult weighs a little more than one-half pound.

## Ticklers

By George



"Have you ever had a crazy, mixed-up, don't-know-where-to-begin feeling?"



## RIVETS

By George Sixta





## Facts and figures

# RCAF year-end roundup--1956

As 1956 ended the RCAF reviewed a year marked by intense activity and by satisfying progress towards a larger and better equipped air force. Improved aircraft and equipment came into service in operational quantity during the year, adding to the service's operational efficiency. Work continued on the Mid-Canada Early Warning Line, being built along the 55th parallel, and the year's end saw it brought to a state of near completion.

Work also continued on two new outstanding aircraft destined for RCAF future service, the CF-105 supersonic interceptor being developed by Avro Aircraft and the CP-107, the maritime version of the Bristol Britannia, being built by Canadair.

Personnel strength rose slightly during the year, to an estimated total of 50,600 for the last day of 1956.

### ADC gets new planes

Air Defence Command, responsible for home air defence and which controls the Canadian-based interceptor squadrons, the early-warning stations and the Ground Observer Corps, took over large numbers of the Mark 5 CF-100 all-weather jet interceptor during the year. Its elements stood ready on a 24-hour-a-day basis throughout the year, ready to detect and attack any aggressor air fleet, and carried out continuous operational training aimed at improving its already high operational capability.

Planned increases to ADC's operational strength were announced during 1956. In June Defence Minister Ralph Campney announced plans to form three additional CF-100 squadrons, to take their places with the nine existing home-based squadrons of this type.

The Ground Observer Corps continued to carry out its vital task as an integral part of the air defence system. Organized to detect and report low-flying aircraft and to supplement information provided by the early-warning stations, the Corps at the end of 1956 had more than 80,000 civilian volunteer members manning approximately 5,000 observation posts throughout Canada.

There were important changes during the year to the Auxiliary squadrons controlled by ADC. No. 402 Squadron, Winnipeg, and 403 Squadron, Calgary, both previously fighter units, were converted to light transport squadrons and equipped with Expeditor twin-engine transports. In their new role they are controlled by Training Command.

Six other Auxiliary squadrons, located at Montreal, Toronto and Vancouver, retained their fighter roles and were provided with Sabre jets. These squadrons remained under ADC.

### Busy year overseas

Overseas, the 6,000 members of Canada's Air Division continued to maintain and improve their high standards of the previous year. Simulated combat exercises were carried out throughout 1956 among the four fighter wings and with NATO neighbors to keep in top operational readiness.

A milestone in Air Division history came in November when the Air Division welcomed its first CF-100 squadron. This squadron, 445, flew from its Canadian base at Uplands, Ottawa, to No. 1 Fighter Wing, Marville, France, where it replaced a Sabre squadron. Three more CF-100 squadrons are to follow, each to replace a Sabre squadron on Air Division on NATO duty.

It was announced during the year that the Air Division was switching its air-to-air practice firing operations from a French Air Force range in Morocco to a new NATO range in Sardinia, in the Mediterranean.

### Training continues

The year was a busy one for the RCAF's Training Command. Both aircrew and groundcrew training continued at a high level, including the training of aircrew from 10 other NATO nations. By the end of this year the NATO aircrew training programme had handled more than 4,400 aircrew from abroad since the scheme began in late 1950. This is carried out as one of Canada's contributions to NATO.

Initial flying training, done on Chumuck aircraft, was centralized during 1956, and this resulted in formation of a new unit, the Primary Flying Training School, at RCAF Station Centralia, Ont. Another Training Command Station, at Macdonald, Man., changed its role during the year. Formerly a pilot weapons training centre, Macdonald took over the role of an advanced flying training school.

Squadrons of Maritime Air Com-

mand took part in two large exercises, New Broom V and New Broom VI and carried out intensive operational training, perfecting their skills in various phases of anti-submarine warfare and convoy protection. Flying Neptune and Lancasters, Maritime Air Command controls forces on both coasts.

### ATC logs full year

One of its busiest years on record was logged by Air Transport Command, which carried approximately 45,000 passengers and airlifted more than 20,000,000 pounds of cargo.

No. 426 Transport Squadron, in addition to its regular thrice-weekly trans-Atlantic flights in logistic support of the Air Division in Europe, and its numerous scheduled domestic flights, continued its airlift in support of the Canadian Indo-China Truce Commission.

Throughout the year the helicopters of 108 Communications Flight, Rockcliffe, Ottawa, flew in support of the Mid Canada Line

construction. The eastern portion of the line extends over terrain so rugged that without helicopter support its building would have been unfeasible. Fixed-wing aircraft of ATC also logged many hours of flying in connection with the Line's construction.

Late in the year an ATC North Star flew from Canada to Vienna, carrying medical supplies for the people of Hungary.

### Mobility demonstrated

The most striking evidence of ATC's readiness and globe-girdling mobility, however, came shortly before the year's end when the Command was ordered to transport Army troops across Canada and into the Mediterranean, and to shift one of its transport squadrons to Naples, to provide air support as part of the UN Emergency Force.

In Operation Ready Lift, 435 C-119 Squadron moved from its Namao, Alta., base to a new base of operations at Capodichino, outside Naples, to operate between there and the Middle East. The squadron moved out of its Namao base to Downsview, Toronto, where it was augmented by aircraft and personnel from its sister unit, 436 Squadron, and from there shifted to Naples. Bearing the UN insignia in gleaming fresh paint, the first of the squadron's aircraft took off from Downsview with supporting groundcrew personnel, aircraft spares and ground handling equipment, slightly more than 48 hours after receiving notice to alert themselves for the move from Namao, outside Edmonton. North

Stars of 426 Squadron supported the trans-Atlantic portion of the move.

Before and during the 435 overseas shift, ATC transport planes carried out Operation Rapid Step. In less than three days nearly 900 Army personnel were flown from Calgary to Halifax aboard C-119's of 435 and 436 Squadrons, and North Stars of 426 Squadron began airlifting hundreds of Army troops into the Mediterranean from Canada.

### RCAF in Morning Star

Tactical Air Command was in charge of RCAF participation in Exercise Morning Star during July and August, at Camp Gagetown, N.B. T-33 jets from the Canadian Joint Air Training Centre at Rivers, Man., and Sabres of the day fighter Operational Training Unit, Chatham, N.B., flew tactical support missions during the big joint Army-Air Force training exercise. More than 500 Army troops were flown from western and eastern Canada to Camp Gagetown by ATC transport aircraft, and 408 Photo Squadron from Rockcliffe, Ottawa, also an ATC unit, took and processed more than 35,000 photographs of "enemy" installations.

Air Material Command continued busy throughout the year with its vital and complex task of providing logistic support for the RCAF. This responsibility included maintenance, servicing, supply, inspection, storage, and salvage, in addition to testing and acceptance of aircraft and associated equipment.

The RCAF's search and rescue organization also put in a busy year. More than 6,000 hours were flown on aerial searches and rescue missions, ranging across Canada and into the Far Arctic. Rescue Centres from Torbay, Newfoundland, to Vancouver received nearly 800 requests for assistance during the year, many of which developed into full-scale search operations, involving several aircraft.

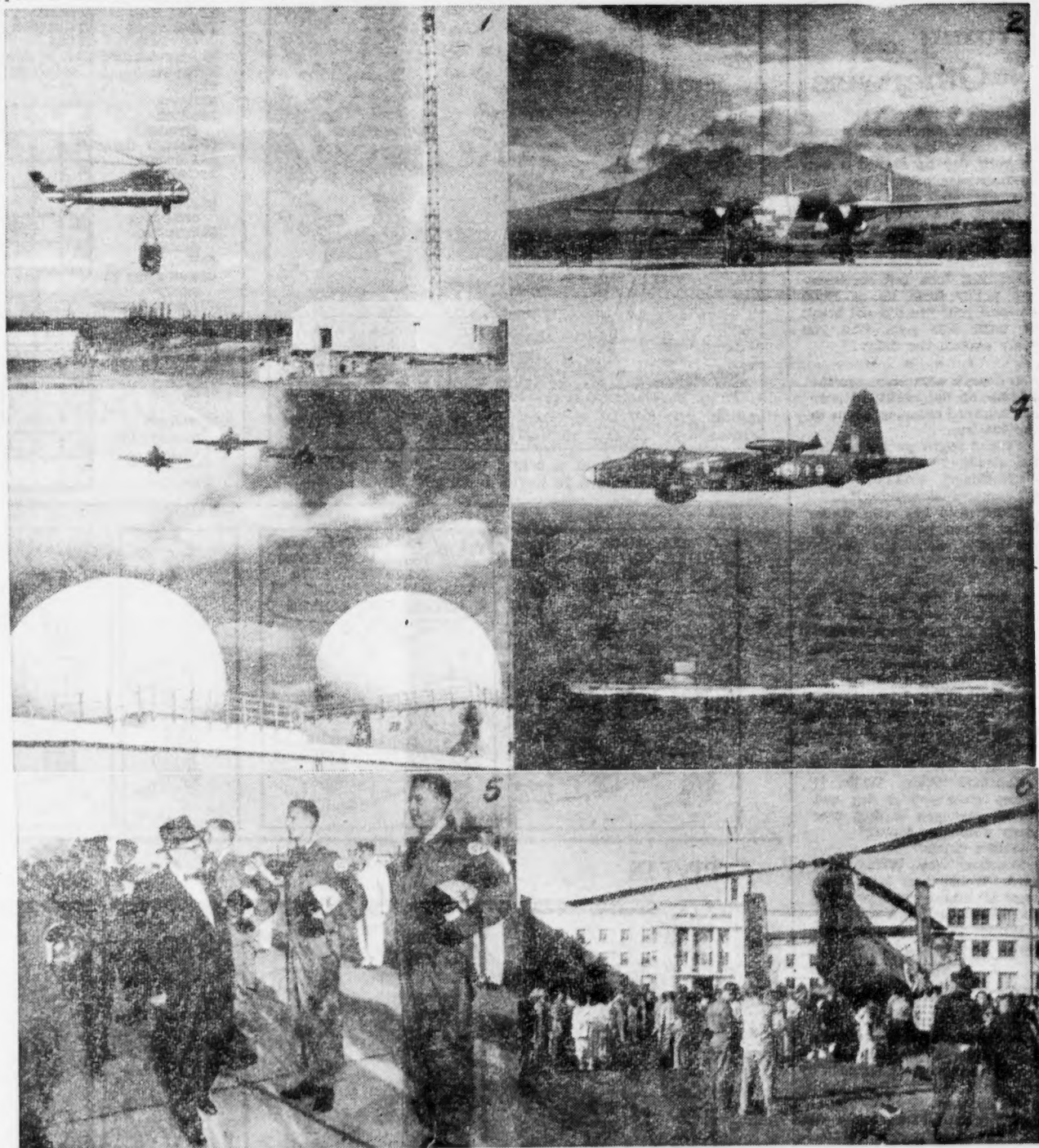
### New safety devices

Advances were made in the field of aircraft safety. The RCAF received the first of a new type of Ground Controlled Approach equipment, used to guide aircraft in for landings during bad weather. GCA has been standard equipment at many RCAF fields for some years, but the new equipment is designed for smaller points, where traffic is relatively light.

Also acquired during the year was "SARAH" (Search and Rescue and Homing) equipment, a radio device incorporating a compact radio-beacon and voice transmitter. Soon to become standard equipment for various types of RCAF flying operations, "SARAH" is expected to prove of invaluable aid in locating crews of missing aircraft.

### TIDY BARN

There is always a series of barn accidents at this season of the year and word of caution might be in order. Just plain good house-keeping will prevent a variety of accidents around the barn.



**RCAF REVIEWS BUSY YEAR**—Stepped-up activity at home and abroad marked 1956 as a busy year for the RCAF. The largest of Canada's armed forces with some 50,600 men and women, the Air Force found itself shouldering increased responsibilities on the domestic and world scenes. How and where the RCAF served is the subject of this photographic montage. 1. On the Mid-Canada Line—Throughout the year, helicopters of 108 Communications Flight from Station Rockcliffe, Ottawa, flew in support of Mid-Canada Line construction. Shown is an H-34 helicopter landing a sling load of supplies at one of the sites under construction. 2. UN Duty—Striking evidence of Air Transport Command's mobility came shortly before the year's end. In less than 48 hours after having been alerted for the move, C-119 aircraft of 435 Transport Squadron were under way to Naples, Italy, where they are now engaged in airlifting troops and supplies to Egypt for the UN Emergency Force. One of the C-119's is shown at Capodichino airport with famed Mount Vesuvius in the distance. 3. Air Defence—The watch on North American skies continues unceasingly, and components of Canada's air defence system require in fallible teamwork in carrying out their duties. Intensive oper-

ational training for both jet and radar members of the team continues, aimed at sharpening their already high capabilities. Here, in an exercise, CF-100 interceptors sweep low over the domes of a Pine Tree station. 4. Sub Killers—Responsible for shore based anti-sub operations and convoy protection, personnel of Maritime Command are constantly perfecting their skills in the various phases of their work. Modern aircraft like the P2V-7 Neptune shown here low over a sub during a training exercise, help them carry out their task. 5. Duty in Europe—No. 445, the first of four CF-100 squadrons designated for overseas service with the RCAF's No. 1 Air Division, left Ottawa's Uplands airport for Europe in the latter part of the year. A ceremonial sendoff, including this final inspection by Defence Minister Ralph Campney, marked the all-weather squadron's transfer to NATO duty. 6. On Wings of Mercy—Answering almost 800 requests for aid, aircraft of the RCAF's search and rescue organization flew some 6,000 hours. Some, like this helicopter on the lawn of Vancouver's Shaughnessy hospital, were carrying out a new concept in the movement of critically injured patients through crowded cities.



# EDITORIALS

from other weekly papers

(These are not necessarily the views of the editor of this paper)

## Criticism

(The Guide, Killarney, Manitoba—December 13, 1956)

The end of the year is fast approaching, when the various organizations of every community take stock of their accomplishments during the past year. Some of their actions may not have appeared as accomplishments to others, but all have tried in their own way to do that which is best.

The Reston Recorder has the following to say under the heading of "It's So Easy To Criticize".

A school teacher remarked that members of her profession and the ministry are frequently criticized but seldom praised. How true, and not only of those two professions, but in all trades and professions, and also those who undertake jobs in public life.

To criticize is always easy, but seldom are words of praise forthcoming for those who do a good job, except after the person is dead.

This world might be better if more words of praise were forthcoming. A person doing a good job is entitled to some praise, and this is especially true in the teaching and ministry.

To recognize mistakes after they happen is very easy; anyone can do it. To assist a person to prevent such errors is another matter.

In the publishing business we make mistakes with every issue, not deliberately, but try as we may some typographical errors will slip through. Anyone can see them, and they are the first thing seen by a publisher after the paper is printed—they are big and black and we wonder how we could have missed them.

The same must be true of other professions, try as they may, errors will be made, and these are what people see.

It would be better if the accomplishments were the first to be recognized—not the mistakes. People are usually painfully aware of their errors without having someone reminding them.

Whether a newspaper is printed in Reston, Swan River or Killarney, there is bound to be some criticism, but a letter received by the Editor last week from Killarney Legion, commending The Guide on recent assistance given through its news columns, counteracts much of the criticism directed at the paper. It is customary for a newspaper to disregard unsigned articles, and most criticism is unsigned, but the letter in question was signed, and we value it very highly. Thanks, Legionnaires.

## We must listen

(The News Optimist, North Battleford, Sask.—December 6, 1956)

Officials in our city and throughout the nation are this week urging us to drive safely. It is a warning that every automobile driver and every pedestrian should heed.

The task that the Canadian Safety Council has set for every community is to remain free from traffic accidents for the period of December 1 to 7. It will not be easy—it may be impossible—but it certainly is worth an honest attempt by every individual in the community.

When one considers that in the past two decades some 30,000 Canadians have been killed in traffic accidents and that 85 percent of the accidents can be attributed to human behaviour, it is apparent that each of us is in a position to do something about the overall situation.

Increased police patrols and new methods of catching offenders will help, but the big job is to convince the average driver that he or she must not take unnecessary risks. The life that is lost may be your own.

Our calendar has been carved into slices for the public's celebration of almost every known commodity. But few weeks in the year are as important for public understanding as the one in which we are presently living. At this very moment someone, someplace, is being killed in a highway accident in North America. It could have been prevented if someone had been careful.

Let us back the attack on traffic accidents—this week and every week.

## The town's judicial inquiry

(The Times, Taber, Alberta—December 6, 1956)

Proper administration and honesty is essential in the operation of any organization, town, city or province, and should there be reason to believe that any of these factors is lacking, then it is only right for all concerned that an inquiry be made.

By holding of a proper inquiry the person or persons charged can be either exonerated or properly charged with the offence.

Before all the facts are brought out it would be presumptuous of us to say that parties concerned are either guilty or not guilty—that is the job for the inquiry to settle, opinions differ greatly and though we may not agree with many of the opinions expressed, we are glad that democracy still exists in this country and that these matters can be dealt with in a sane way so as to assure justice to all concerned.

Such an inquiry of officialdom certainly could not be held in Russia or its dominated countries, such as Hungary. Let us therefore be just on our judgments and thus preserve that democracy we should all prize and not abuse.



**STC BUSES CARRY BLOOD** — Saskatchewan Transportation Company's buses are supplying a vital service to Saskatchewan's hospitals and doctors by transporting Canadian Red Cross blood. Two Red Cross Transport Drivers are shown above delivering cases of blood to an STC bus driver while W. (Bill) Harrison, manager of the express department, looks on. Left to right, Mr. Harrison, Shirley Ballman, transport driver, Cardy Rollefson, bus driver, and Ruth Ritter, transport driver.

## STC buses aid Red Cross blood transfusion service

By transporting Red Cross blood the Saskatchewan Transportation Company's buses, in addition to their regular public transportation duties, are supplying a vital service to Saskatchewan's hospitals and doctors in many widely scattered areas, Frank Copithorne, general manager, said.

Every day of the week, including Sunday, much needed cases of human blood are delivered from the Red Cross Blood Depot at the General Hospital to the Regina Bus Depot for transportation to hospitals and doctors in such centres as Davidson, Moose Jaw, Yorkton, Melville, Weyburn and many other communities served by the Saskatchewan Transportation Company's buses.

Often as many as 12 refrigerated containers weighing from 25 to 50 pounds are shipped in one day. The containers will preserve the blood up to 48 hours but Red Cross Transport girls take no chances. They have a thorough knowledge of bus schedules, and time the delivery of blood to the bus depot so that no time is wasted.

Minutes before a bus departs for its destination, the Red Cross truck pulls up alongside it and the girls see to it that this precious lifesaving liquid is safely loaded. All blood is prepaid by the Red Cross and receives priority handling by the Saskatchewan Transportation Company express department.

The buses are met at the different communities by doctors or hospital authorities and the blood is taken by car or ambulance to the patient requiring it. In cases where communities are not served by the Saskatchewan Transportation Company the buses are met at their nearest stoppage point.

Empties are returned, and samples sent to the Regina blood depot for analysis by bus. In emergencies the Red Cross often uses airplanes or taxi cabs, for its transportation of blood but many times STC buses have been the

quickest means of available transportation.

"The Saskatchewan Transportation Company is proud to be serving the people of Saskatchewan not only in their personal transportation requirements, but in many other ways like this one of providing service to help save the lives of hundreds of people throughout the province," Mr. Copithorne said.

"The Red Cross is doing a wonderful job and the Saskatchewan Transportation Company is proud to be working along with them," he said.

Saskatchewan Transportation Company's buses also carry mail and mothers' milk to widely scattered communities.

## South Saskatchewan muskrat season extended

The muskrat season in south Saskatchewan has been extended and will now run through to May 10 without any break, Game Commissioner E. L. Paynter, announced.

Originally the trapping of muskrat under the south Saskatchewan licence was divided into two seasons—November 30 to December 31 and March 10 to May 10.

"Due to severe weather conditions existing in the early part of the winter some trappers had difficulty in carrying out operation. Cold weather also caused the muskrat pelts to prime up well at an early date," Mr. Paynter said.

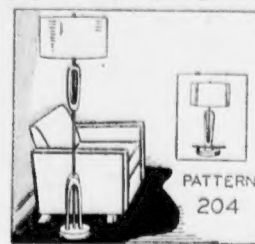
Because of this fact it has been decided to eliminate the break between seasons, and trappers holding a south Saskatchewan licence are now authorized to take advantage of the mild weather and trap muskrat through to May 10.

This applies to muskrat only. The changing of trapping season dates for other fur bearing animals is not anticipated, he said.

## IN THE HOME WORKSHOP

### Matching lamps

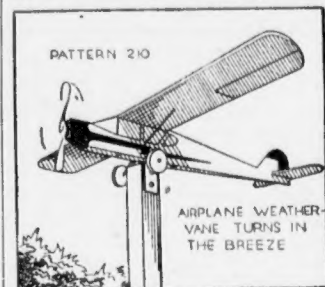
Matching lamps of brass tubing and wood are a workshop project that is sure to please. The floor lamp gives a perfect light beside



an easy chair. The table lamp is good for a desk or an end table. Both are made with pattern 204 which will be mailed for 35c. This pattern is one of five in the Complete Living-Room Packet for \$1.50.

### Plane weathervane

This graceful plane measures two feet between wing tips. It is finished in white enamel with red and black trim. The propeller picks up in the slightest breeze as the whole plane turns into the wind. It may be mounted on a separate standard; the garage ridgepole or



in any exposed area. The pattern gives actual size cutting guides for individual parts with directions for assembling and mounting. The price of pattern 210 is 35c. Copy will be mailed the day your order is received. For first class mail delivery enclose 2c extra, or 5c for air mail.

Address order to:

Home Workshop Patterns,  
Department P.P.L.,  
4433 West 5th Avenue,  
Vancouver, B.C.

## :: GEMS OF THOUGHT ::

### A SECRET

A secret is too little for one, enough for two, and too much for three.

—Howell

There are no secrets better kept than the secrets that everybody guesses. —George Bernard Shaw. God's open secret is seen through grace, truth, and love.

—Mary Baker Eddy.

In nature's infinite book of secrecy a little I can read.

—Shakespeare.

How can we expect another to keep our secret if we cannot keep it ourselves? —Rochefoucauld.

Keep your secret to yourself and it is your captive; disclose it and it is your captor.

—Salomon Ibn Gabirol.

Bees make the humming and buzzing sound by vibrating their wings rapidly.

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## THIS CURIOUS WORLD By William Ferguson

T.M. Reg. U.S. Pat. Off.



## Do FALSE TEETH

### Rock, Slide or Slip?

FASTEETH, an improved powder to be sprinkled on upper or lower plates, holds false teeth more firmly in place. Do not slide, slip or rock. No gummy, gooey, pasty taste or feeling. FASTEETH is alkaline (non-acid). Does not sour. Checks "plate odor" (denture breath). Get FASTEETH at any drug counter.

## You can't go ALL-OUT

## If you feel ALL-IN

These days most people work under pressure, worry more, sleep less. This strain on body and brain makes physical fitness easier to lose—harder to regain. Today's tense living, lowered resistance, overwork, worry—any of these may affect normal kidney action. When kidneys get out of order, excess acids and wastes remain in the system. Then backache, disturbed rest, that "tired-out" heavy-headed feeling often follow. That's the time to take Dodd's Kidney Pills. Dodd's stimulate the kidneys to normal action. Then you feel better—sleep better—work better. Ask for Dodd's Kidney Pills at any drug counter.

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## Sub-Experiment Farm Results

Continued from page twelve  
tcher 55.5, Lake 59.1, Selkirk 52.7. In 1956: Chinook 66.2, Rescue 71.0, Thatcher 73.6, Lake 75.9, Selkirk 70.1. Average for 5 years: Chinook 42.7, Rescue 48.0, Thatcher 49.8, Lake 51.9. Average 3 years: Chinook 44.0, Rescue 51.7, Thatcher 53.0, Lake 53.8, Selkirk 52.0.

Substation Barley Yields: In 1952: Compana 50.5, Vantage 66.8, Wolfe 52.5. 1954: Compana 40.6, Vantage 52.4, Wolfe 46.8, Husky 49.8, Gateway 43.4, Olli 37.4, Vantmore 47.8. 1955: Compana 54.7, Vantage 71.3, Wolfe 66.5, Husky 83.9, Gateway 62.1, Olli 36.4, Edda 30.8, Vantmore 63.2. 1956: Compana 81.3, Vantage 107, Wolfe 97.5, Husky 110.6, Gateway 80.7, Olli 74.4, Edda 80.6, Parkland 99.5, Herta 95.7. Average 4 years: Compana 56.8, Vantage 74.4, Wolfe 65.8. Average 3 years: Compana 58.8, Vantage 76.3, Wolfe 70.2, Husky 81.4, Gateway 62.0, Olli 49.4. Average 2 years: Compana 68.0, Vantage 89.2, Wolfe 82, Husky 97.2, Gateway 71.4, Olli 55.4, Edda

53.7, Vantmore 55.5.

Acme Substation Oat Yields: 1954: Eagle 88.4, Abegweit 81.9, Rodney 89.3, Garry 67.7. 1955: Eagle 123.2, Abegweit 85.4, Rodney 112.4, Garry 108.2. In 1956: Eagle 153.1, Abegweit 141.9, Rodney 133.9, Garry 126.6. Average 3 years: Eagle 121.4, Abegweit 103.0, Rodney 111.8, Garry 100.7.

Acme Substation Flax Yields: 1951: Rocket 25.7, Redwing 17.8, Redwood 31.2. 1952: Rocket 15.4, Redwing 14.7, Redwood 13.6. 1954: Rocket 13.2, Redwing 9.4, Redwood 11.2, Norland 13.2. 1955: Rocket 27.0, Redwing 29.4, Redwood 31.5, Norland 29.2, Raja 22.3, Marine 23.7. 1956: Rocket 34.2, Redwing 31.7, Redwood 37.9, Norland 36.4, Raja 32.4, Marine 31.7. Average 5 yrs.: Rocket 23.1, Redwing 20.6, Redwood 25.1. Average 3 yrs.: Rocket 24.8, Redwing 23.5, Redwood 26.8, Norland 26.2. Average 2 yrs.: Rocket 30.6, Redwing 30.6, Redwood 34.7, Norland 32.8, Raja 27.3, Marine 27.7.

Acme Bonspiel will be held Feb. 4th to 9th; Midway 11 to 16 and Swallow and Beiseker 18 to 23 of February.

## Tips on Touring

By Carol Lane  
Women's Travel Authority



**GOOD HOUSE IN IRRICANA FOR SALE**—Wood frame, two storeys, storm windows and doors, seven rooms, insulated and well located. Five lots, trees garden, hedge and garage. Cash. What offers? Key at Overman's Garage

—Clarence E. Bond, Box 204, Claresholm, phone 245.

### COLD STARTING

The wrong kind of "cold starting" will wear out your engine faster than a climb up Pike's Peak. Therefore it's important for you to know how to get your horsepower "on the hook" properly in freezing weather.

Don't pump the gas pedal before starting the engine, warns Shell Oil's automotive experts. It's not only futile, but may be actually harmful.

Just depress your accelerator to the floorboard once, immedi-

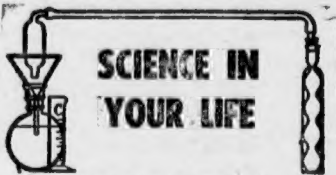
ately after using your starting mechanism. If the engine doesn't start, stop at once and wait a few seconds. Repeat the procedure until the car does start.

The best insurance for prompt cold weather starting is to keep your battery and spark plugs in top condition. A quick examination of these items by your service station or garage man can forewarn you of any apparent weakness.

All runners—human, equine and canine—warm up before a race. Your mechanical runner—your car, should be allowed to warm up too. Idle the motor for three or four minutes before putting it in gear, and you will help increase your motor's life by that many years.

### TEENS

When they reach 'teen age, younger people should have a working knowledge of the principles of nutrition. They should know that Canada's Food Rules have a guide to foods that will build and sustain their bodies. While candies and soft drinks in reasonable quantities are not harmful, they should not take the place of any of the foods that are necessary to health and the normal growth by which the teenager is now developing into an adult. Even the between-meal snack should be selected for its nourishing qualities, milk fruit and sandwiches with protein fillings are suitable but these should not be allowed to



### SCIENCE IN YOUR LIFE

#### Most Common Cold

Nothing, it seems, is quite so demeaning as the common cold. Even the name of the disease suggests that uncommon people never get it, which of course is nonsense. As for the wheezing, dripping, bone-aching sufferer, the unfeeling spectator dismisses his ailment as of no real importance, and cartoonists make up jokes about it.

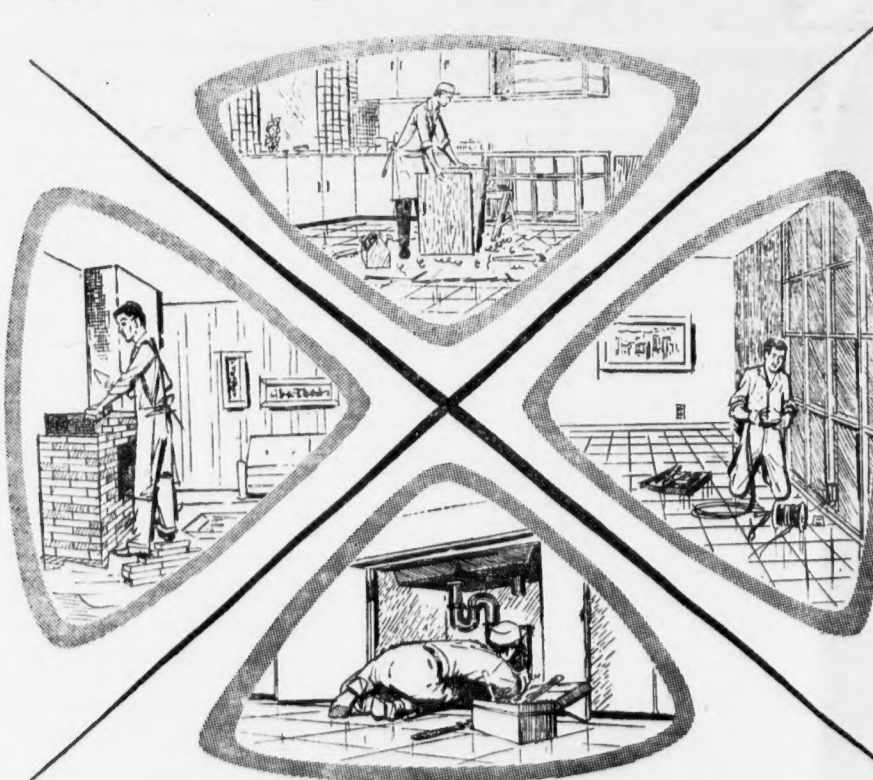


While it is true that nobody ever died of the common cold, a really heavy siege of this ancient affliction can make the victim feel sicker than many more serious diseases do. The fact is the degree of malaise that a sick man feels is often quite unrelated to the seriousness of his illness—and the virus of the common cold can produce more malaise per cubic inch in the human body than do many killers.

Luckily, in these days of new, effective drugs, the sufferer from the common cold is not entirely helpless. He can, for instance, clear out his stuffed nose most effectively with Tyzine, a clear solution which can be applied either by dropper or with an atomizer. In one recent test which lasted more than a year, over a thousand patients were treated in this way by a California physician, Dr. Jay G. Roberts. The results, Dr. Roberts reported, were "prompt and prolonged". A single application of the drug gave relief lasting from four to six hours, and produced no unwanted side-effects whatsoever.

Until an effective anti-cold vaccine is developed, sufferers will have to rely on relief of individual symptoms. Fortunately, these are becoming more and more effective as science learns more about cough, sneezing and pain.

# Do It Now!



Traditionally, winter has been an "Off Season" for carpenters, masons, electricians, plumbers, plasterers and other tradesmen. This does not have to be the case. Manpower and materials are in heavy demand during the spring and summer, but are readily available in winter. In the light of modern conditions, there are a great many projects which might just as easily, and sometimes better, be commenced during the winter months.

If you have a job that can be done in this "Off Season" ... DO IT NOW. You'll be helping all industry ... you'll be providing gainful employment ... and you'll be reducing the incidence of lost wages, lost purchasing power and welfare costs.

DIRECTLY AND INDIRECTLY YOU'LL BE MONEY AHEAD ... IF YOU

**DO "IT" NOW**



**CANADIAN UTILITIES, LIMITED**

## DON'T LET THIS HAPPEN TO YOU!



Change gears before crossing





"OUR MILES NORTH, THEN WE TAKE THE OLD ROAD..."—Huddle of intent men is comprised of United Nations Emergency Force personnel, trying to map their path, uncertain in more ways than one. The map study session took place near Baluza, on the Sinai Peninsula. The international police force has been gradually replacing British and French forces in the Suez area, and has been moved into a buffer zone between Israeli and Egyptian troops on the peninsula itself.

### Fishing for the hardest metal

Thirty Danish geologists have started an unusual "treasure hunt" between Scoresby Sound and Danmarkshavn, Eastern Greenland. They are searching under the ice for one of the world's costliest and hardest metals—molybdenum. Soon they hope to locate exploitable deposits.

This silvery white metal is of great value in the processing of steel used for jet motors. During the last war it was used in the making of armour-piercing shells.

Not until the first world war was its value as an alloy for producing super-hard metals fully realized, although research had revealed by 1900 that molybdenum strengthened steel.

A German metallurgist in that year heard that a Japanese sword-maker had, back in the year 1300, made wonderful blades "that could cut a man in two at one stroke."

Obtaining one of these ancient swords, he analysed it, and found that it was molybdenum that made the sword so superior to others.

### Black cat turns white

James W. Wright had a jet black Persian cat. Old Tab was always giving trouble trying to get the canary. One day, while the cat was figuring out a new approach, the bird cage fell, striking the floor with a loud clatter and rolling around noisily. The frightened cat ducked for cover.

Old Tab disappeared for over 24 hours. When he finally showed again, there was a white ring around his neck. Wright says that the ring has spread now until only the cat's tail remains black. Some scare!

### FALSE TEETH That Loosen Need Not Embarrass

Many wearers of false teeth have suffered real embarrassment because their plate dropped, slipped or wobbled at just the wrong time. Do not live in fear of this happening to you. Just sprinkle a little FASTEETH, the alkaline (non-acid) powder, on your plates. Hold false teeth more firmly, so they feel more comfortable. Does not sour. Checks "plate odor" (denture breath). Get FASTEETH at any drug counter.



### Keep busy and live longer says "Diamond T" owner

The best way to describe Dr. Hugh L. Dixon, owner of the Diamond T Ranch, is that he is 70 years young and doesn't act a day over 50.

One of the good doctor's pet sayings, and believe me, he practices what he preaches, is, "always leave a couple of hours a night for sleeping. Sixteen hours a day of work is enough for any man." Dixon, with a twinkle in his eye, added, "never made any money in bed in my life."

Dr. Dixon was born in Maple Creek, Saskatchewan, in 1886. He graduated from the Ontario Veterinary College in 1910. In 1928 he

was stricken with a bad heart attack and was flat on his back for an entire year. After leaving the hospital he resigned his position as Veterinarian Surgeon of the Dominion Health of Animals Division and went into cattle raising.

He purchased five ranches along Frenchman's creek which used to be the winter range of the old Turkey Track ranch. Tony Day moved up from Texas and started the Turkey Track in 1903. The original ranch house, which is still being used, was built from cottonwood logs that were hauled all the way from Malta, Montana.

Dr. Hugh and his wife, Laura Anna, have four boys and two girls. The oldest boy is a jet pilot stationed in Germany, while the youngest boy is his father's right hand man out at the ranch.

Dr. Dixon is up every morning at 3 or 3.30 a.m., flipping flapjacks and frying eggs for the entire crew. He travels all over the country, going to conventions, rodeos, and fairs. It would be fair to say that in any far-away nook or cranny of the western states there would be someone to say, "sure I know Dr. Hugh Dixon." He is the oldest auxiliary member of the Montana Cattlemen's Association.

Dixon's Diamond T Ranch is situated 30 miles southeast of Val Marie, Saskatchewan. Little and Big Breed creeks and Frenchman's creek are the sources of water for the ranch.

It is a standard commercial breeding operation. They sell all the steer calves and cull the heifers, keeping the best for breeding purposes. They winter about 1,000 head of cattle which is about right for the size of the ranch.

They have a small herd of registered Herefords and recently purchased an English bull. Dixon's ultimate goal is to breed big rugged critters with lots of bone.

Right now he is experimenting with his commercial herd by using Angus bulls on Hereford yearling heifers in order to get smaller calves.

The Diamond T menagerie also includes a fine herd of quarter horses which they have vaccinated for encephalomyelitis every year.

When asked if there was any suggestion or thought that seemed to stand out more than the others from his many years of experience on the range, Dr. Hugh emphatically stated, "yes by all means, don't overgraze, keep enough out so you can see one year ahead. A bad year may hit and you'll lose everything."—The Cutter Standard

### Helpful Hints

If you have any empty thread spools hanging around, string a dozen together with bright, unbreakable cord for a baby to play with and use as a necklace.

To remove the unpleasant odor of fish from an electric deep-fat fryer, add 1 teaspoon dry mustard to 1 quart water and heat to steaming point. Let stand 15 minutes, covered, then wash with sudsy water and steel wool.

Sandwich fillings of chopped meat and poultry usually freeze well.

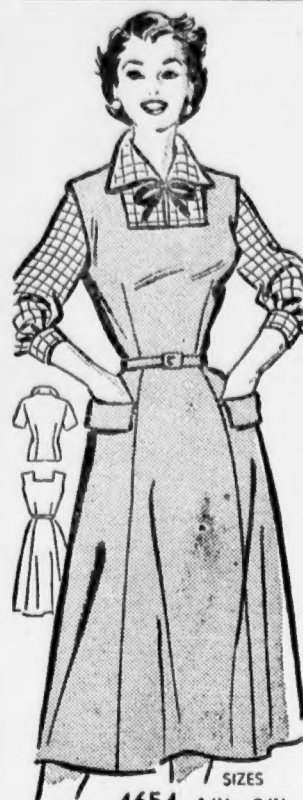
Paprika, added to the seasoned flour in which chicken pieces are rolled before frying, helps give attractive brown color.

The correct type of hanger is important in keeping garments looking their best. The hanger should have the same slope as the shoulders and should be the same width as that across the shoulders of the garment.

For machine drying blankets first pre-heat six or seven large bath towels, then add blanket. Towels help absorb moisture and cushion the tumble action of the blanket. Minimum agitation or friction is the most important factor in preventing felting shrinkage.

An inexpensive office stapler can do almost a thousand tricks around the house. You'll find it ideal for fastening children's lunch bags, repairing window screens, upholstering, sealing plastic food bags, applying shelf-paper . . . or anywhere else where tasks are awkward.

NEW PRINTED PATTERN  
EASIER—FASTER  
MORE ACCURATE



4654 14½—24½

PRINTED PATTERN

Our new PRINTED PATTERN—designed especially for the half-size figure; for the easiest sewing you've ever known! Jumper and companion blouse—fashions that double your winter wardrobe!

Printed Pattern 4654: Half Sizes 14½, 16½, 18½, 20½, 22½, 24½. Size 16½ jumper takes 3 yards 39-inch fabric; blouse 1½ yards. Directions printed on each tissue pattern part. Easy-to-use, accurate, assures perfect fit.

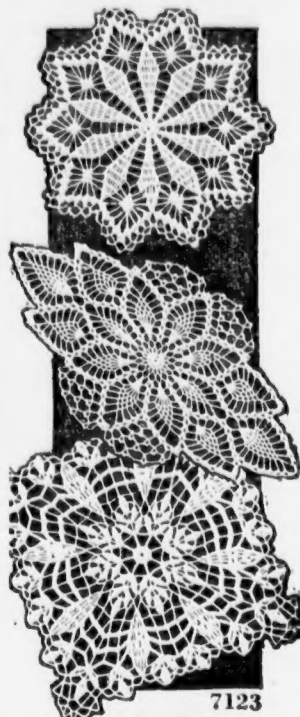
Send thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Write plainly Size, Name, Address and Style Number and send orders to:

Anne Adams Pattern Dept.,  
Department P.P.L.,  
60 Front Street W., Toronto.

Be sure to write plainly your Name, Address and Pattern Number.

### Patterns

Pretty doily trio



7123

by Alice Brooks

These small doilies are easy to crochet. They lend themselves to many different uses in your home.

Pattern 7123: Crochet directions for 3 doilies; material requirements in 3 different weight threads. Round doily 8, square 12, oval 14-inches in No. 50 cotton.

To obtain this pattern send twenty-five cents in coins (stamps cannot be accepted) to:

Household Arts Department,  
Department P.P.L.,  
60 Front Street W., Toronto.

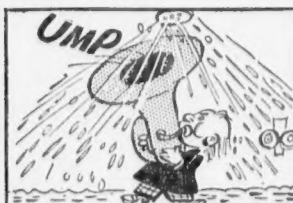
Two FREE patterns—printed in our ALICE BROOKS Needlecraft book—stunning designs for yourself, for your home—just for you, our readers! Dozens of other designs to order—all easy, fascinating hand-work! Send 25 cents for your copy of this wonderful book right away!

### Strictly Fresh

People who think they're open-minded because they say that every question has two sides are not open-minded on the question of whether or not every question has two sides.

Ground: What groundhogs live in, sandhogs work in and roadhogs are buried in.

Then there's the fellow who insisted on playing his tuba in the



shower, and drowned in the middle of the C.

Rule of thumb: Housewife with a push-button kitchen.

Duck is what a hunter shoots at but often ends up dead as because he forgot to.

An easy way to keep cracked eggs from leaking or deteriorating is to seal them with cellophane tape.

### :: GEMS OF THOUGHT ::

#### POPULARITY

That empty and ugly thing called popularity. —R. L. Stevenson. Popularity—what is it? A mendicant that boasts and begs, and God denies charity.

—Mary Baker Eddy.

True popularity is not the popularity which is followed after, but the popularity which follows after.

—Lord Mansfield.

The most exhausting thing in life, I have discovered, is being insincere. That is why so much of social life is exhausting; one is wearing a mask.

—Anne Morrow Lindbergh.

The truly illustrious are they who do not court the praise of the world, but perform the actions which deserve it.

—George Henry Tilton.

Popularity is a crime from the moment it is sought; it is only a virtue when men have it whether they will or not. —George Savile.

#### NEEDED — A SKYHOOK

A painter's assistant, not hired because of his brilliant mind, approached the painter hard at work on the ceiling. "Hey, boss, have you got a good hold on that brush?"

"I think so. Why?"

"Well, hang on tight—I'm gonna move this ladder."

### Bake this delicious COFFEE LAYER CAKE!



Sift together 3 times  
1½ c. once-sifted pastry flour or 1½ c. once-sifted all-purpose flour  
2 tps. Magic Baking Powder  
¼ tsp. baking soda  
2 tps. Instant Coffee & Sanborn Coffee  
½ tsp. salt



Cream  
¾ c. shortening  
Gradually blend in  
1 c. lightly-packed brown sugar  
½ c. granulated sugar  
Add, part at a time,  
2 well-beaten eggs  
beating well after each addition.



Combine  
¾ c. milk  
½ tsp. vanilla

Add dry ingredients to creamed mixture alternately with milk, combining after each addition. Turn into 2 greased 8-inch round cake pans, lined in bottom with greased waxed paper. Bake in moderately hot oven, 375°, 25 to 30 minutes. Put layers of cold cake together with thick raspberry jam between and cover with a coffee-flavored frosting.

You can depend on MAGIC to protect all your fine ingredients . . . give you lighter, finer-textured results. Buy MAGIC Baking Powder next time you shop.





## Sub-Experiment Farm Results

Following is a District Experiment Substation Report given to us by Mr. Ralph Brown.

### Seeding Comparisons:

#### On Fallow:

One Way Seeder and Packer, 1956 - 46.9, 3 yr. average 40.4.  
One Way and Press Drill, 1956 47.9, 3 yr. average 41.0.  
Cultivator and Press Drill, 1956 56.4, 3 yr. average 39.8.

#### On Stubble:

One Way Seeder and Packer, 1956 - 18.7, 3 yr. average 23.6.  
One Way and Press Drill, 1956 22.1, 3 yr. average 23.2.  
Cultivator and Press Drill, 1956 20.5, 3 yr. average 21.6.

#### Rotation Studies:

##### Oats on Stubble:

A.P. 16-20 at 60 lbs. acre - 107.3 bushels per acre; check 97.6.  
This was an oat crop on oat stubble yielding 80 bushels per acre in 1955. A check strip was left to determine difference between 60 lbs. A.P. 16-20-0 and no fertilizer. The balance of field was all seeded at rate of 60 lbs. per acre 16-20-0.

Wheat on fallow 2 yr. rotation, 1956 - 52.3 bushels, 3 yr. average 43.8 bushels.

This is the two acre plot of wheat in wheat fallow, wheat rotation fields No. 1 and 2.

##### Fallow-Wheat-Wheat Rotation

Wheat after fallow, 25 lbs. acre A.P. 11-48-0, 1956 - 35.4 bushels per acre, 3 yr. average 33.8.

This is a 24 ft. strip of wheat on fallow field No. 3.

Wheat after fallow, manure 15 tons per acre, 1953 - 33.4 bushels per acre, 3 yr. average 35.4.

This is a 24 ft. strip of wheat on fallow, field No. 3.

Wheat after fallow, check, 1956 22.0 bushels per acre, 3 yr. average 24.2. This is a 24 ft. strip of wheat on fallow field No. 3.

**Wheat after Wheat, Residual effect:**  
A.P. 11-48-0, 1956 - 24.2 bushels per acre, 2 yr. average 28.2.

Manure, 1956 - 20.3, 2 yr. average 30.4.

Check, 1956, 21.3, 2 yr. average 24.3.

The above tests were on Field No. 5 which had same treatment as field No. 3 in 1956, and was seeded a stubble crop with no fertilizer or manure to give residual effect of fertilizer and manure treatments the year before.

Recorded precipitation in '56 was 15.85 inches with 113 frost free days. 147 days were above 27 degrees. Hottest day was 10 of June when 91 degrees in the shade was recorded. Coldest day was Dec. 6th when a temperature of 45 below was recorded. This compares with precipitation of 15.91 in 1955 and 22.22 in 1954. Average mean temperature in 1954 was 37.2 degrees; in 1955, 36.0 degrees and in 1956, 35.25. Hottest day in 1954 was July 19, 90 degrees, and in 1955, July 18th 90 degrees. Coldest day in 1954 was Jan. 15 with a temperature of 44 and in 1955 Dec. 18 with 34 below.

Substation wheat yields in 1951 were: Chinook 39.4, Rescue 37.8, Thatcher 45.7, Lake 45.4. In 1952: Chinook 41.7, Rescue 46.7, Thatcher 44.2, Lake 52.6. In 1954: Chinook 21.5, Rescue 27.6, Thatcher 30.0, Lake 26.7, Selkirk 33.3. In 1955: Chinook 44.6, Rescue 56.7, Thatcher 44.6.

Continued on page ten



### Out for fun?

Chevy's your perfect partner... makes even the coming-and-going a powerful pleasure. How can it fail? The '57 Chevrolet brings you the happiest handling on the road... Anti-Dive braking, of course, and a host of special fine-performance features no other low-cost car can begin to match. Just try the carefree kind of ginger and grace that's yours only in the greatest of all road cars, 1957's fastest-selling car - Chevrolet, naturally!

### BORN WITH A

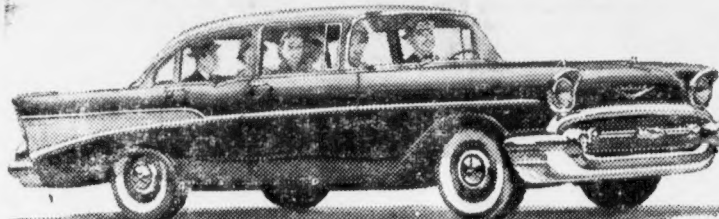
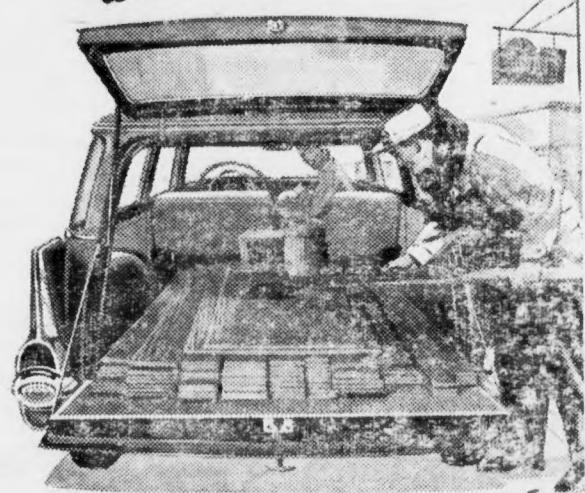
# Lust for Life!

### Got a job to do?

Chevy's eager!... Just open the tailgate of any of Chevrolet's SIX station wagons, start stowing your load, and you see what we mean. There's up to 87 cubic feet of cargo area, vinyl-groomed for the handsomest, handiest hauling in your family history. And Chevrolet performance measures up zestfully... with suspension and power that make light of even a half-ton of gear! Wagon-minded? Have a look at Chevy's line-up.

### ...or just Plain Friendly?

Chevy loves people... like Canada loves Chevy. Makes SIX full-grown adults feel right at home, whether they're just sampling Chevy's size or letting you show off the smoothest, sweetest ride your dollars (so few dollars!) have ever bought. You'll be so proud of its comfort, its good taste - its Body by Fisher, with all that means in extra fineness of construction, materials and details. Why wait - see your Chevrolet dealer now!



V8-6

THE MOST MODERN EFFICIENT  
ENGINES IN THE WORLD  
A General Motors Value

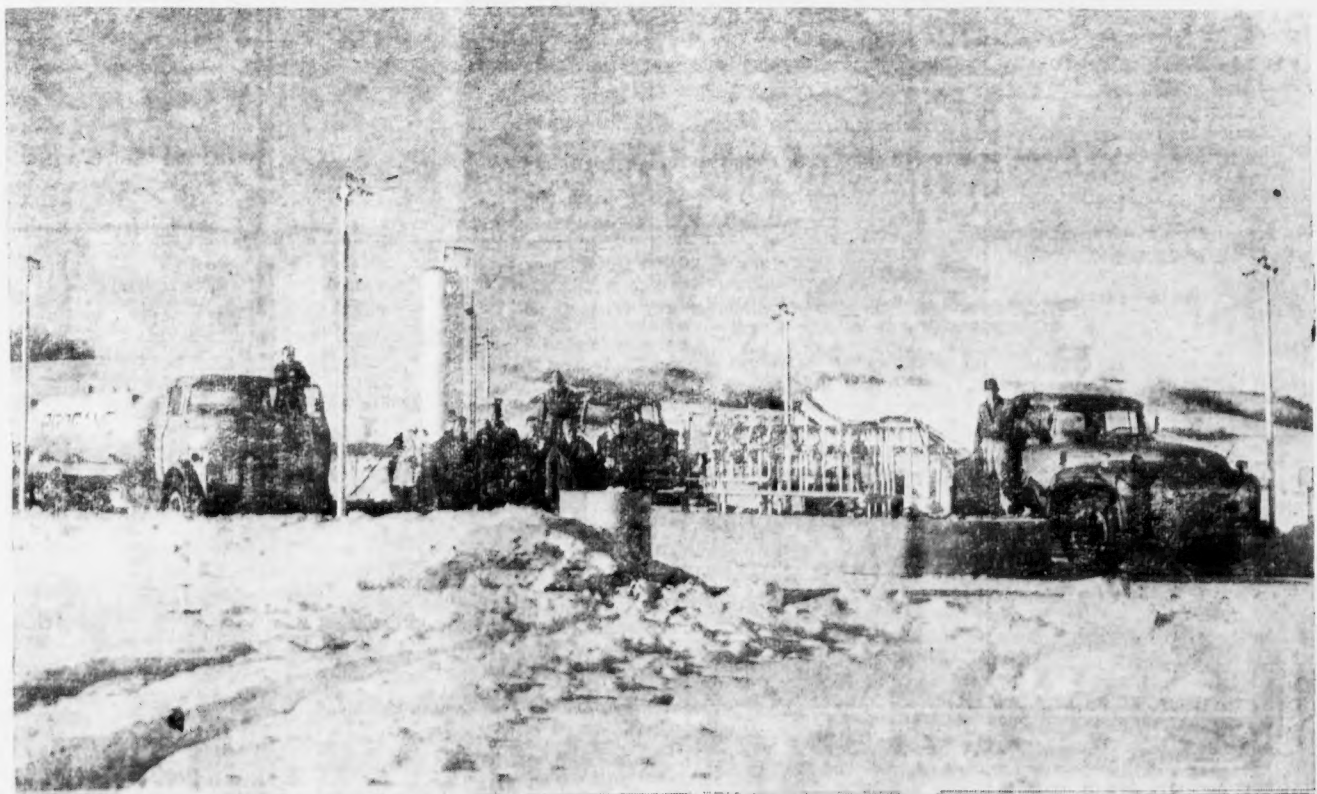
CHEVROLET

C-1357D

## GARRETT MOTORS

PHONE 31, CARBON

## Nevis Gas Plant Starts Propane Deliveries



The B.A. natural gas refinery plant at the Content bridge started

producing propane this week and the equipment of first delivery of Ruralgas which Country Service Ltd., Stettler is shown in this picture taking the it will distribute in this area.